



**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

1  
09.12.2016 - 11:00

, 50m

2001 - 2002

: FINA 2016

1.	2001			<b>28.22</b>	A	820
2.	2001			<b>30.22</b>	A	668
3.	2001			<b>30.40</b>	A	656
4.	2001			<b>30.42</b>	A	655
5.	2001			<b>30.48</b>	A	651
6.	2001			<b>30.56</b>	A	646
7.	2001			<b>30.57</b>	A	645
8.	2001			<b>30.72</b>	A	636
9.	2001			<b>30.81</b>	R	630
10.	2001			<b>30.88</b>	R	626
11.	2002			<b>31.03</b>		617
12.	2001		-3	<b>31.14</b>		610
13.	2002			<b>31.18</b>		608
14.	2002		-2	<b>31.38</b>		596
15.	2001			<b>31.39</b>		596
16.	2001			<b>31.48</b>		591
17.	2001			<b>31.54</b>		587
18.	2001		-6	<b>31.55</b>		587
19.	2001			<b>31.70</b>		578
20.	2002			<b>31.71</b>		578
21.	2001			<b>31.74</b>		576
22.	2001			<b>31.80</b>		573
23.	2002			<b>31.84</b>		571
24.	2001		-3	<b>31.86</b>		570
25.	2001			<b>31.88</b>		569
26.	2001		-	<b>31.92</b>		567
27.	2001			<b>31.93</b>		566
28.	2002			<b>31.96</b>		564
29.	2001		-2	<b>32.09</b>		558
30.	2001			<b>32.14</b>		555
31.	2001			<b>32.15</b>		554
32.	2001			<b>32.19</b>		552
	2002			<b>32.19</b>		552
34.	2001			<b>32.23</b>		550
35.	2002			<b>32.33</b>		545
36.	2001		-3	<b>32.37</b>		543
37.	2001			<b>32.45</b>		539
38.	2001			<b>32.49</b>		537
39.	2001			<b>32.60</b>		532
40.	2001			<b>32.66</b>		529
41.	2001			<b>32.71</b>		526
42.	2002		-2	<b>32.76</b>		524
43.	2002			<b>33.65</b>		483
44.	2002			<b>33.67</b>		483





**ВФП**

Всероссийская  
Федерация  
Плавание



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

1, , 50m , , 2001 - 2002

45.	2001	I	<b>33.69</b>	II	482
46.	2001		<b>33.75</b>	II	479
47.	2002	I	<b>33.94</b>	II	471
48.	2002	I	<b>34.47</b>	II	450
49.	2002	I	<b>35.08</b>	II	427
50.	2002	I	<b>35.25</b>	II	421





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**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

2

, 50m

2003 - 2004

09.12.2016 - 11:10

: FINA 2016

1.	2004			<b>34.14</b>	A	643
2.	2003			<b>34.38</b>	A	630
3.	2003			<b>34.52</b>	A	622
4.	2004			<b>34.54</b>	A	621
5.	2003			<b>34.69</b>	A	613
6.	2004			<b>34.87</b>	A	604
7.	2003			<b>34.89</b>	A	603
8.	2003			<b>34.91</b>	A	602
9.	2003			<b>35.06</b>	R	594
10.	2003			<b>35.08</b>	R	593
11.	2003			<b>35.17</b>		588
12.	2004			<b>35.19</b>		587
13.	2003			<b>35.62</b>	I	566
14.	2003	I		<b>35.67</b>	I	564
15.	2003		-2	<b>35.70</b>	I	563
16.	2003		-6	<b>35.82</b>	I	557
17.	2003	I		<b>35.91</b>	I	553
18.	2003		-3	<b>35.97</b>	I	550
19.	2004	I	-	<b>36.09</b>	I	545
20.	2003	I		<b>36.15</b>	I	542
21.	2003			<b>36.16</b>	I	541
22.	2003	I	-3	<b>36.20</b>	I	540
23.	2003	I	-2	<b>36.24</b>	I	538
24.	2003	I	-2	<b>36.25</b>	I	537
25.	2004			<b>36.30</b>	I	535
26.	2003	I		<b>36.38</b>	I	532
27.	2003	I		<b>36.66</b>	I	520
	2003			<b>36.66</b>	I	520
29.	2004	I	-3	<b>36.67</b>	I	519
30.	2003	I		<b>37.36</b>	II	491
31.	2004	I		<b>37.87</b>	II	471
32.	2003			<b>37.97</b>	II	468
33.	2003			<b>38.10</b>	II	463
34.	2003	I		<b>38.54</b>	II	447
35.	2003	I		<b>38.61</b>	II	445
36.	2003	I		<b>38.75</b>	II	440
37.	2004	I	-	<b>38.97</b>	II	432
38.	2003	I		<b>38.99</b>	II	432
39.	2003	I		<b>39.21</b>	II	425
40.	2004	I	-	<b>39.24</b>	II	424
41.	2004	I		<b>39.25</b>	II	423
42.	2004	I	-4	<b>39.41</b>	II	418
sick	2004	I				



**ВФП**Всероссийская  
Федерация  
Плаванья**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

3

, 50m

2001 - 2002

09.12.2016 - 11:15

: FINA 2016

1.	2001			<b>27.18</b>	A	691
2.	2001			<b>27.54</b>	A	665
3.	2001			<b>28.04</b>	A	630
4.	2002	-		<b>28.17</b>	A	621
5.	2001	-1		<b>28.25</b>	A	616
6.	2001			<b>28.31</b>	A	612
	2001			<b>28.31</b>	A	612
8.	2001			<b>28.32</b>	?	611
	2002			<b>28.32</b>	?	611
10.	2001			<b>28.38</b>	R	607
11.	2001			<b>28.41</b>		605
12.	2002			<b>28.65</b>		590
13.	2001			<b>28.76</b>		584
	2001			<b>28.76</b>		584
15.	2001			<b>28.77</b>		583
16.	2002		-4	<b>29.03</b>		567
17.	2001			<b>29.05</b>		566
18.	2001		-	<b>29.09</b>		564
19.	2001			<b>29.20</b>		558
20.	2001			<b>29.21</b>		557
21.	2002			<b>29.41</b>		546
22.	STRITTER Luis Vincent	2001	Germany	<b>29.43</b>		545
		2001	-2	<b>29.43</b>		545
24.	2002			<b>29.44</b>		544
25.	2002			<b>29.50</b>		541
26.	2001			<b>29.53</b>		539
27.	2001			<b>29.57</b>		537
28.	2001			<b>29.61</b>		535
29.	2001			<b>29.67</b>		531
30.	2001			<b>29.69</b>		530
31.	2002			<b>29.70</b>		530
32.	2002			<b>29.80</b>		524
33.	2002			<b>29.84</b>		522
34.	2001			<b>29.89</b>		520
35.	2001			<b>29.97</b>		516
36.	2002			<b>30.01</b>		514
37.	2001			<b>30.48</b>		490
38.	2002			<b>30.49</b>		490
39.	2002			<b>30.67</b>		481
	2001			<b>30.67</b>		481
41.	2001			<b>30.78</b>		476
42.	2001			<b>31.06</b>		463
43.	2001			<b>31.08</b>		462
44.	2002			<b>31.16</b>		459





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**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

3, , 50m , , 2001 - 2002

44.	2002	1	-	<b>31.16</b>	II	459
46.	2001	I		<b>33.89</b>	III	356



"SWISS TIMING"  
" 50 .

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

4 , 200m 2001 - 2002  
09.12.2016 - 11:20

: FINA 2016

1.	100m:	57.31	57.31	200m:	1:56.52	59.21	<b>1:56.52</b>	670
2.	100m:	56.48	56.48	200m:	1:57.20	1:00.72	<b>1:57.20</b>	659
3.	100m:	57.60	57.60	200m:	1:58.08	1:00.48	<b>1:58.08</b>	644
4.	100m:	57.31	57.31	200m:	1:58.49	1:01.18	<b>1:58.49</b>	637
5.	100m:	55.73	55.73	200m:	1:59.29	1:03.56	<b>1:59.29</b>	625
6.	100m:	57.14	57.14	200m:	1:59.63	1:02.49	<b>1:59.63</b>	619
7.	100m:	58.27	58.27	200m:	1:59.68	1:01.41	<b>1:59.68</b>	619
8.	100m:	57.44	57.44	200m:	1:59.87	1:02.43	<b>1:59.87</b>	616
9.	100m:	57.33	57.33	200m:	2:00.42	1:03.09	<b>2:00.42</b>	607
10.	100m:	57.32	57.32	200m:	2:00.49	1:03.17	<b>2:00.49</b>	606
11.	100m:	59.19	59.19	200m:	2:00.65	1:01.46	<b>2:00.65</b>	604
12.	100m:	57.68	57.68	200m:	2:00.67	1:02.99	<b>2:00.67</b>	603
13.	100m:	57.15	57.15	200m:	2:00.87	1:03.72	<b>2:00.87</b>	600
14.	100m:	59.90	59.90	200m:	2:01.06	1:01.16	<b>2:01.06</b>	598
15.	100m:	57.36	57.36	200m:	2:01.14	1:03.78	<b>2:01.14</b>	596
16.	HELGET Max			2001	Germany		<b>2:01.31</b>	594
	100m:	58.54	58.54	200m:	2:01.31	1:02.77		
17.	100m:	59.17	59.17	200m:	2:01.39	1:02.22	<b>2:01.39</b>	593
18.	100m:	59.29	59.29	200m:	2:01.55	1:02.26	<b>2:01.55</b>	590
19.	100m:	59.07	59.07	200m:	2:01.59	1:02.52	<b>2:01.59</b>	590





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

4,	, 200m				2001 - 2002				
20.	100m:	58.21	58.21	200m:	2:01.93	1:03.72		<b>2:01.93</b>	585
21.	100m:	58.35	58.35	200m:	2:02.00	1:03.65		<b>2:02.00</b>	584
22.	100m:	57.16	57.16	200m:	2:02.02	1:04.86	-2	<b>2:02.02</b>	584
23.	100m:	58.54	58.54	200m:	2:02.05	1:03.51		<b>2:02.05</b>	583
24.	100m:	59.19	59.19	200m:	2:02.07	1:02.88		<b>2:02.07</b>	583
25.	100m:	58.34	58.34	200m:	2:02.18	1:03.84		<b>2:02.18</b>	581
26.	100m:	59.87	59.87	200m:	2:02.20	1:02.33		<b>2:02.20</b>	581
27.	100m:	58.78	58.78	200m:	2:02.35	1:03.57		<b>2:02.35</b>	579
28.	100m:	58.91	58.91	200m:	2:03.06	1:04.15		<b>2:03.06</b>	569
29.	100m:	57.41	57.41	200m:	2:03.09	1:05.68		<b>2:03.09</b>	569
30.	100m:	59.31	59.31	200m:	2:03.37	1:04.06	-2	<b>2:03.37</b>	565
31.	100m:	58.54	58.54	200m:	2:03.38	1:04.84		<b>2:03.38</b>	565
32.	100m:	1:00.37	1:00.37	200m:	2:04.00	1:03.63		<b>2:04.00</b>	556
33.	100m:	57.66	57.66	200m:	2:04.06	1:06.40		<b>2:04.06</b>	555
34.	100m:	58.87	58.87	200m:	2:04.16	1:05.29		<b>2:04.16</b>	554
35.	100m:	58.64	58.64	200m:	2:04.35	1:05.71		<b>2:04.35</b>	551
36.	100m:	58.75	58.75	200m:	2:04.45	1:05.70	-1	<b>2:04.45</b>	550
37.	100m:	58.55	58.55	200m:	2:04.49	1:05.94		<b>2:04.49</b>	550
38.	100m:	1:00.38	1:00.38	200m:	2:04.65	1:04.27		<b>2:04.65</b>	547
39.	100m:	59.73	59.73	200m:	2:04.76	1:05.03	-4	<b>2:04.76</b>	546





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Всероссийская  
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Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

4,	, 200m	, 2001 - 2002				
40.	100m: 1:00.59 1:00.59	200m: 2:04.92 1:04.33	2002	-2	<b>2:04.92</b>	544
41.	100m: 1:00.42 1:00.42	200m: 2:04.99 1:04.57	2001		<b>2:04.99</b>	543
42.	100m: 1:02.10 1:02.10	200m: 2:05.14 1:03.04	2002		<b>2:05.14</b>	541
43.	100m: 1:01.05 1:01.05	200m: 2:05.27 1:04.22	2001		<b>2:05.27</b>	539
44.	100m: 1:00.23 1:00.23	200m: 2:05.30 1:05.07	2001	-1	<b>2:05.30</b>	539
45.	100m: 57.35 57.35	200m: 2:05.33 1:07.98	2001		<b>2:05.33</b>	539
46.	100m: 58.93 58.93	200m: 2:05.38 1:06.45	2001		<b>2:05.38</b>	538
47.	100m: 1:00.06 1:00.06	200m: 2:05.45 1:05.39	2001	-	<b>2:05.45</b>	537
48.	100m: 59.79 59.79	200m: 2:05.61 1:05.82	2001	-6	<b>2:05.61</b>	535
49.	100m: 59.29 59.29	200m: 2:05.69 1:06.40	2001		<b>2:05.69</b>	534
50.	100m: 1:00.68 1:00.68	200m: 2:05.72 1:05.04	2002		<b>2:05.72</b>	534
51.	100m: 57.57 57.57	200m: 2:05.75 1:08.18	2001	-	<b>2:05.75</b>	533
52.	100m: 1:01.14 1:01.14	200m: 2:06.11 1:04.97	2001		<b>2:06.11</b>	529
53.	100m: 59.78 59.78	200m: 2:06.33 1:06.55	2001		<b>2:06.33</b>	526
54.	100m: 1:01.02 1:01.02	200m: 2:06.34 1:05.32	2002	-4	<b>2:06.34</b>	526
55.	100m: 1:00.78 1:00.78	200m: 2:06.35 1:05.57	2002	-2	<b>2:06.35</b>	526
56.	100m: 1:00.53 1:00.53	200m: 2:06.40 1:05.87	2001		<b>2:06.40</b>	525
57.	100m: 1:00.70 1:00.70	200m: 2:06.48 1:05.78	2001		<b>2:06.48</b>	524
58.	100m: 59.74 59.74	200m: 2:06.98 1:07.24	2002		<b>2:06.98</b>	518
59.	100m: 1:01.25 1:01.25	200m: 2:07.03 1:05.78	2002		<b>2:07.03</b>	517







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Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

4,	, 200m	, 2001 - 2002		
60.	100m: 1:01.36 1:01.36	200m: 2:07.12 1:05.76	2002	2:07.12   516
61.	100m: 1:01.93 1:01.93	200m: 2:07.18 1:05.25	2002	2:07.18   515
62.	100m: 1:00.71 1:00.71	200m: 2:07.51 1:06.80	2001	2:07.51   511
63.	100m: 1:02.45 1:02.45	200m: 2:07.72 1:05.27	2002	2:07.72   509
64.	100m: 1:00.58 1:00.58	200m: 2:07.74 1:07.16	2001	2:07.74   509
65.	100m: 1:00.75 1:00.75	200m: 2:07.75 1:07.00	2002	2:07.75   509
66.	100m: 1:01.71 1:01.71	200m: 2:07.92 1:06.21	2002	2:07.92   506
67.	100m: 1:00.78 1:00.78	200m: 2:08.45 1:07.67	2001	2:08.45   500
68.	100m: 1:02.07 1:02.07	200m: 2:08.50 1:06.43	2001	-3 2:08.50   500
69.	100m: 1:02.31 1:02.31	200m: 2:08.52 1:06.21	2001	2:08.52   499
70.	100m: 1:00.31 1:00.31	200m: 2:08.58 1:08.27	2001	2:08.58   499
71.	100m: 1:00.59 1:00.59	200m: 2:08.63 1:08.04	2001	2:08.63   498
72.	100m: 1:02.40 1:02.40	200m: 2:08.86 1:06.46	2002	-3 2:08.86   495
73.	100m: 59.34 59.34	200m: 2:09.44 1:10.10	2001	2:09.44   489
74.	100m: 1:01.50 1:01.50	200m: 2:09.46 1:07.96	2001	2:09.46   489
75.	100m: 1:01.93 1:01.93	200m: 2:09.60 1:07.67	2001	2:09.60   487
76.	100m: 1:01.42 1:01.42	200m: 2:09.86 1:08.44	2001	2:09.86   484
77.	100m: 1:02.11 1:02.11	200m: 2:10.21 1:08.10	2002	2:10.21    480
78.	100m: 1:01.16 1:01.16	200m: 2:10.74 1:09.58	2001	2:10.74    474
79. <b>DANILOV Christian</b>	100m: 1:03.11 1:03.11	200m: 2:10.79 1:07.68	2002 Germany	2:10.79    474





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

4,	, 200m	, 2001 - 2002				
80.	100m: 1:01.56 1:01.56	200m: 2:10.81 1:09.25	2002			<b>2:10.81</b>    474
81.	100m: 1:00.91 1:00.91	200m: 2:10.86 1:09.95	2002	-		<b>2:10.86</b>    473
82.	100m: 1:02.26 1:02.26	200m: 2:11.32 1:09.06	2002			<b>2:11.32</b>    468
83.	100m: 1:03.26 1:03.26	200m: 2:11.40 1:08.14	2001			<b>2:11.40</b>    467
84.	100m: 1:03.10 1:03.10	200m: 2:11.72 1:08.62	2001			<b>2:11.72</b>    464
85.	100m: 1:03.86 1:03.86	200m: 2:12.53 1:08.67	2001			<b>2:12.53</b>    455
86.	100m: 1:02.80 1:02.80	200m: 2:12.56 1:09.76	2002			<b>2:12.56</b>    455
87.	100m: 1:03.53 1:03.53	200m: 2:12.92 1:09.39	2001			<b>2:12.92</b>    451
88.	100m: 1:03.24 1:03.24	200m: 2:13.09 1:09.85	2001			<b>2:13.09</b>    450
89.	100m: 1:03.07 1:03.07	200m: 2:13.94 1:10.87	2001			<b>2:13.94</b>    441
90.	100m: 1:03.87 1:03.87	200m: 2:13.97 1:10.10	2002			<b>2:13.97</b>    441
91.	100m: 1:04.70 1:04.70	200m: 2:14.91 1:10.21	2001	-3		<b>2:14.91</b>    432
92.	100m: 1:02.99 1:02.99	200m: 2:15.14 1:12.15	2001	-		<b>2:15.14</b>    429
93.	100m: 1:05.33 1:05.33	200m: 2:15.57 1:10.24	2002	-		<b>2:15.57</b>    425
94.	100m: 1:03.96 1:03.96	200m: 2:15.69 1:11.73	2001	-3		<b>2:15.69</b>    424
95.	100m: 1:05.26 1:05.26	200m: 2:15.79 1:10.53	2002			<b>2:15.79</b>    423
96.	100m: 1:04.77 1:04.77	200m: 2:16.58 1:11.81	2001			<b>2:16.58</b>    416
97.	100m: 1:07.02 1:07.02	200m: 2:17.02 1:10.00	2001			<b>2:17.02</b>    412
98.	100m: 1:04.60 1:04.60	200m: 2:17.64 1:13.04	2001			<b>2:17.64</b>    406
99.	100m: 1:04.15 1:04.15	200m: 2:18.43 1:14.28	2001			<b>2:18.43</b>    400





**ВФП**

Всероссийская  
Федерация  
Плавание



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

4, , 200m , 2001 - 2002

100.				2002 I		<b>2:18.69</b>	II	397
100m:	1:04.27	1:04.27	200m:	2:18.69	1:14.42			
101.				2002 I		<b>2:21.88</b>	II	371
100m:	1:06.25	1:06.25	200m:	2:21.88	1:15.63			



" 50 .

"SWISS TIMING"

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

5  
09.12.2016 - 11:55

, 200m

2003 - 2004

: FINA 2016

1.	KLEYBOLDT Rosalie Viktoria	2003	Germany	2:22.40	625
	100m: 1:07.17 1:07.17	200m: 2:22.40	1:15.23		
2.		2003	-1	2:29.71	I 538
	100m: 1:11.11 1:11.11	200m: 2:29.71	1:18.60		
3.		2004		2:30.58	I 529
	100m: 1:11.61 1:11.61	200m: 2:30.58	1:18.97		
4.		2003	I -3	2:33.75	I 497
	100m: 1:11.15 1:11.15	200m: 2:33.75	1:22.60		
5.		2003	-2	2:33.91	I 495
	100m: 1:11.19 1:11.19	200m: 2:33.91	1:22.72		
6.		2003	-	2:36.77	I 469
	100m: 1:15.36 1:15.36	200m: 2:36.77	1:21.41		
7.		2003	I	2:39.65	II 444
	100m: 1:15.95 1:15.95	200m: 2:39.65	1:23.70		
8.		2003		2:40.31	II 438
	100m: 1:09.39 1:09.39	200m: 2:40.31	1:30.92		
9.		2003	I	2:40.83	II 434
	100m: 1:15.48 1:15.48	200m: 2:40.83	1:25.35		
10.		2003		2:41.71	II 427
	100m: 1:12.46 1:12.46	200m: 2:41.71	1:29.25		
11.		2004	I -2	2:42.42	II 421
	100m: 1:16.50 1:16.50	200m: 2:42.42	1:25.92		
12.		2003	I	2:43.38	II 414
	100m: 1:18.19 1:18.19	200m: 2:43.38	1:25.19		
13.		2003	I	2:45.40	II 399
	100m: 1:16.89 1:16.89	200m: 2:45.40	1:28.51		
14.		2003	I	2:47.72	II 383
	100m: 1:16.64 1:16.64	200m: 2:47.72	1:31.08		
15.		2003	I	2:47.91	II 381
	100m: 1:18.35 1:18.35	200m: 2:47.91	1:29.56		
16.		2003	I	2:48.64	II 376
	100m: 1:17.79 1:17.79	200m: 2:48.64	1:30.85		
17.		2003		2:50.40	II 365
	100m: 1:17.06 1:17.06	200m: 2:50.40	1:33.34		
18.		2003	I	2:53.38	II 346
	100m: 1:19.07 1:19.07	200m: 2:53.38	1:34.31		





**ВФП**

Всероссийская  
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Плаванья



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

6

, 100m

2001 - 2002

09.12.2016 - 12:05

: FINA 2016

1.	2001			<b>56.60</b>	681
2.	2001			<b>56.71</b>	678
3.	2001			<b>57.33</b>	656
4.	2001		-	<b>57.43</b>	652
5.	2001		-4	<b>57.55</b>	648
6.	2001			<b>57.58</b>	647
7.	2001		-	<b>57.62</b>	646
8.	2001			<b>57.81</b>	640
9.	2001			<b>58.04</b>	632
10.	2001			<b>58.16</b>	628
11.	2001			<b>58.26</b>	625
12.	2001			<b>58.41</b>	620
13.	2001			<b>58.66</b>	612
14.	2001			<b>59.27</b>	593
15.	2001			<b>59.45</b>	588
16.	2001		-1	<b>59.49</b>	587
17.	2001			<b>59.68</b>	581
18.	2001			<b>1:00.35</b>	562
19.	2001		-1	<b>1:00.58</b>	556
20.	2001			<b>1:00.73</b>	552
21.	2001			<b>1:00.85</b>	548
22.	2001		-2	<b>1:01.15</b>	540
23.	2001			<b>1:01.18</b>	539
24.	2002			<b>1:01.20</b>	539
25.	2002			<b>1:01.33</b>	536
26.	2001			<b>1:01.35</b>	535
27.	2002			<b>1:01.41</b>	533
28.	2001		-3	<b>1:01.79</b>	524
29.	2002			<b>1:02.03</b>	518
30.	ENDERS Lennart	2001	Germany	<b>1:02.12</b>	515
31.		2002		<b>1:02.21</b>	513
32.		2001	-6	<b>1:02.67</b>	502
33.		2001	-	<b>1:02.71</b>	501
34.		2001		<b>1:02.93</b>	496
35.		2001		<b>1:03.02</b>	494
36.		2001		<b>1:03.23</b>	489
37.		2002		<b>1:03.81</b>	475
38.		2002		<b>1:03.85</b>	475
39.		2001		<b>1:03.92</b>	473
40.		2001		<b>1:04.33</b>	464
41.		2002	-	<b>1:07.81</b>	396
42.		2002		<b>1:09.01</b>	376
43.		2002		<b>1:09.23</b>	372





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

7  
09.12.2016 - 12:10

, 100m

2003 - 2004

: FINA 2016

1.	2004			<b>57.33</b>	749
2.	2003			<b>59.47</b>	671
	2003			<b>59.47</b>	671
4.	AZIROVIC Nina Sophie	2003	Germany	<b>59.57</b>	667
5.		2003		<b>59.91</b>	656
6.		2003	-3	<b>1:00.02</b>	652
7.		2003		<b>1:00.42</b>	640
8.		2003		<b>1:00.45</b>	639
9.		2003		<b>1:00.51</b>	637
10.		2003		<b>1:00.55</b>	635
11.		2003		<b>1:00.65</b>	632
12.		2003		<b>1:00.73</b>	630
13.		2003	-6	<b>1:00.83</b>	627
14.		2004	-4	<b>1:01.04</b>	620
15.		2003	-1	<b>1:01.11</b>	618
16.		2003		<b>1:01.30</b>	612
17.		2003	-	<b>1:01.39</b>	610
18.		2004		<b>1:01.40</b>	609
19.		2003		<b>1:01.42</b>	609
20.		2003		<b>1:01.88</b>	595
21.		2003		<b>1:01.94</b>	594
22.		2003		<b>1:01.96</b>	593
23.		2003		<b>1:01.97</b>	593
24.		2003		<b>1:02.08</b>	590
25.		2003	-1	<b>1:02.14</b>	588
26.		2003	-2	<b>1:02.16</b>	587
27.		2003		<b>1:02.39</b>	581
28.		2003	-3	<b>1:02.44</b>	579
29.		2003		<b>1:02.59</b>	575
30.		2004	-1	<b>1:02.63</b>	574
31.		2003		<b>1:02.64</b>	574
32.		2003		<b>1:02.75</b>	571
33.		2003		<b>1:02.76</b>	571
34.		2004		<b>1:02.82</b>	569
35.		2003		<b>1:02.85</b>	568
36.		2003	-1	<b>1:02.88</b>	567
37.		2004	-3	<b>1:03.22</b>	558
38.		2003		<b>1:03.35</b>	555
39.		2003	-5	<b>1:03.39</b>	554
40.		2003		<b>1:03.42</b>	553
41.		2003		<b>1:03.43</b>	553
42.		2004		<b>1:03.45</b>	552
43.		2003	-1	<b>1:03.49</b>	551
44.		2003	-4	<b>1:03.51</b>	551





**ВФП**

Всероссийская  
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**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

7, , 100m

2003 - 2004

45.	2004				<b>1:03.56</b>		549
46.	2003				<b>1:03.66</b>		547
47.	2004				<b>1:03.85</b>		542
48.	2003				<b>1:03.93</b>		540
49.	2003		-	-	<b>1:04.03</b>		537
50.	2003				<b>1:04.22</b>		533
51.	2003				<b>1:04.31</b>		530
52.	2003				<b>1:04.50</b>		526
53.	2003				<b>1:04.51</b>		525
54.	2003				<b>1:04.60</b>		523
55.	2003				<b>1:04.72</b>		520
56.	2003		-2		<b>1:04.78</b>		519
57.	2003				<b>1:04.83</b>		518
58.	2003				<b>1:04.92</b>		515
59.	2003				<b>1:05.13</b>		510
60.	2004				<b>1:05.21</b>		509
61.	2003				<b>1:05.24</b>		508
62.	2003				<b>1:05.25</b>		508
63.	2003				<b>1:05.28</b>		507
64.	2003		-6		<b>1:05.32</b>		506
65.	2003				<b>1:05.39</b>		504
66.	2003				<b>1:05.47</b>		503
67.	2003				<b>1:05.49</b>		502
68.	2004				<b>1:05.86</b>		494
69.	2004				<b>1:05.94</b>		492
70.	2003		-2		<b>1:06.02</b>		490
71.	2004				<b>1:06.31</b>		484
	2003				<b>1:06.31</b>		484
73.	2004				<b>1:06.33</b>		483
74.	2003				<b>1:06.42</b>		481
75.	2003				<b>1:06.51</b>		479
76.	2004				<b>1:06.81</b>		473
77.	2003				<b>1:07.22</b>		464
78.	2003				<b>1:07.32</b>		462
79.	2003				<b>1:07.49</b>		459
80.	2003				<b>1:07.55</b>		458
81.	2003				<b>1:07.77</b>		453
82.	2003				<b>1:08.02</b>		448
83.	2003				<b>1:08.42</b>		440
84.	2003				<b>1:08.59</b>		437
85.	2003				<b>1:08.85</b>		432
86.	2003				<b>1:09.16</b>		426
87.	2003				<b>1:09.34</b>		423
88.	2004				<b>1:09.64</b>		418
89.	2003				<b>1:09.66</b>		417
90.	2004				<b>1:09.95</b>		412





**ВФП**

Всероссийская  
Федерация  
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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

7, , 100m

2003 - 2004

91.	2003	I		<b>1:10.20</b>	II	408
92.	2003	I		<b>1:10.23</b>	II	407
93.	2003	I	-	<b>1:11.60</b>	II	384
94.	2004	I		<b>1:11.94</b>	II	379
95.	2004	I		<b>1:13.45</b>	III	356
96.	2004	I		<b>1:13.87</b>	III	350
97.	2004	I		<b>1:15.21</b>	III	331
DSQ	2004		-1	<b>1:02.19</b>	I	





**ВФП**Всероссийская  
Федерация  
Плаванья**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

8  
09.12.2016 - 12:30

, 200m

2003 - 2004

: FINA 2016

1.				2003			<b>2:20.12</b>	694
	100m:	1:09.07	1:09.07	200m:	2:20.12	1:11.05		
2.				2003			<b>2:21.27</b>	677
	100m:	1:09.04	1:09.04	200m:	2:21.27	1:12.23		
3.				2004			<b>2:23.91</b>	640
	100m:	1:10.47	1:10.47	200m:	2:23.91	1:13.44		
4.	WIECZOREK Rieke			2003	Germany		<b>2:24.30</b>	635
	100m:	1:10.39	1:10.39	200m:	2:24.30	1:13.91		
5.				2003			<b>2:24.88</b>	627
	100m:	1:10.30	1:10.30	200m:	2:24.88	1:14.58		
6.				2003	-	-	<b>2:24.92</b>	627
	100m:	1:09.21	1:09.21	200m:	2:24.92	1:15.71		
7.				2003			<b>2:25.05</b>	625
	100m:	1:10.92	1:10.92	200m:	2:25.05	1:14.13		
8.				2004			<b>2:25.11</b>	624
	100m:	1:11.60	1:11.60	200m:	2:25.11	1:13.51		
9.				2004	-4		<b>2:25.45</b>	620
	100m:	1:11.01	1:11.01	200m:	2:25.45	1:14.44		
10.				2003			<b>2:27.36</b>	596
	100m:	1:10.75	1:10.75	200m:	2:27.36	1:16.61		
11.				2003			<b>2:27.81</b>	591
	100m:	1:12.27	1:12.27	200m:	2:27.81	1:15.54		
12.	VOLZ Anna Fiona			2003	Germany		<b>2:27.88</b>	590
	100m:	1:11.33	1:11.33	200m:	2:27.88	1:16.55		
13.				2004			<b>2:28.50</b>	583
	100m:	1:11.67	1:11.67	200m:	2:28.50	1:16.83		
14.				2004			<b>2:31.15</b>	552
	100m:	1:14.78	1:14.78	200m:	2:31.15	1:16.37		
15.				2004			<b>2:31.87</b>	545
	100m:	1:14.50	1:14.50	200m:	2:31.87	1:17.37		
16.				2004			<b>2:32.07</b>	542
	100m:	1:12.69	1:12.69	200m:	2:32.07	1:19.38		
17.				2004			<b>2:32.90</b>	534
	100m:	1:12.23	1:12.23	200m:	2:32.90	1:20.67		
18.				2003			<b>2:33.58</b>	527
	100m:	1:13.62	1:13.62	200m:	2:33.58	1:19.96		
19.				2003		-1	<b>2:33.73</b>	525
	100m:	1:14.43	1:14.43	200m:	2:33.73	1:19.30		



**ВФП**Всероссийская  
Федерация  
Плавания**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

8, , 200m ,		2003 - 2004			
20.		2004	-2	<b>2:33.86</b>	524
100m:	1:14.32 1:14.32	200m:	2:33.86 1:19.54		
21.		2003		<b>2:33.87</b>	524
100m:	1:14.44 1:14.44	200m:	2:33.87 1:19.43		
22.		2003		<b>2:34.04</b>	522
100m:	1:14.34 1:14.34	200m:	2:34.04 1:19.70		
23.		2003		<b>2:34.17</b>	521
100m:	1:14.16 1:14.16	200m:	2:34.17 1:20.01		
24.		2004		<b>2:34.76</b>	515
100m:	1:14.94 1:14.94	200m:	2:34.76 1:19.82		
25.		2004		<b>2:35.26</b>	510
100m:	1:15.51 1:15.51	200m:	2:35.26 1:19.75		
26.		2004		<b>2:35.93</b>	503
100m:	2:35.93 2:35.93	200m:	2:35.93		
27.		2004		<b>2:36.31</b>	499
100m:	1:17.27 1:17.27	200m:	2:36.31 1:19.04		
28.		2003		<b>2:36.59</b>	497
100m:	1:14.86 1:14.86	200m:	2:36.59 1:21.73		
29.		2003		<b>2:36.65</b>	496
100m:	1:14.23 1:14.23	200m:	2:36.65 1:22.42		
		2003		<b>2:36.65</b>	496
100m:	1:14.06 1:14.06	200m:	2:36.65 1:22.59		
31.		2003		<b>2:37.14</b>	492
100m:	1:13.85 1:13.85	200m:	2:37.14 1:23.29		
32.		2003		<b>2:38.88</b>	476
100m:	1:15.78 1:15.78	200m:	2:38.88 1:23.10		
33.		2003		<b>2:39.38</b>	471
100m:	1:15.79 1:15.79	200m:	2:39.38 1:23.59		
34.		2003		<b>2:40.47</b>	462
100m:	1:17.31 1:17.31	200m:	2:40.47 1:23.16		
35.		2003		<b>2:40.82</b>	459
100m:	1:15.82 1:15.82	200m:	2:40.82 1:25.00		
36.		2003		<b>2:43.79</b>	434
100m:	1:18.96 1:18.96	200m:	2:43.79 1:24.83		
37.		2004		<b>2:44.50</b>	428
100m:	1:20.98 1:20.98	200m:	2:44.50 1:23.52		
38.		2004		<b>2:44.95</b>	425
100m:	1:20.85 1:20.85	200m:	2:44.95 1:24.10		
39.		2003		<b>2:45.34</b>	422
100m:	1:19.11 1:19.11	200m:	2:45.34 1:26.23		





**ВФП**

Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

8, , 200m , 2003 - 2004

40.				2004	I		<b>2:48.92</b>	II	396
	100m:	1:21.71	1:21.71	200m:	2:48.92	1:27.21			
41.				2004	I		<b>2:50.33</b>	II	386
	100m:	1:23.71	1:23.71	200m:	2:50.33	1:26.62			
42.				2004	I	-	<b>2:52.43</b>	II	372
	100m:	1:23.35	1:23.35	200m:	2:52.43	1:29.08			
43.				2003	I	-	<b>2:53.17</b>	II	367
	100m:	1:22.38	1:22.38	200m:	2:53.17	1:30.79			
44.				2004	I		<b>3:00.04</b>	III	327
	100m:	1:25.84	1:25.84	200m:	3:00.04	1:34.20			
45.				2004	I		<b>3:15.73</b>	III	254
	100m:	1:36.97	1:36.97	200m:	3:15.73	1:38.76			
DSQ				2003	I		<b>2:45.56</b>	II	
	100m:	1:18.70	1:18.70	200m:	2:45.56	1:26.86			



" 50 .

"SWISS TIMING"

**SAMSUNG**





**ВФП**

Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

101  
09.12.2016 - 12:50

, 50m

2001 - 2002

: FINA 2016

1.	2001	<b>28.32</b>	811
2.	2001	<b>30.14</b>	673
3.	2001	<b>30.30</b>	662
4.	2001	<b>30.35</b>	659
5.	2001	<b>30.43</b>	654
6.	2001	<b>30.79</b>	631
7.	2001	<b>31.01</b>	618
8.	2001	<b>31.12</b>	611



" 50 .

"SWISS TIMING"

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

102  
09.12.2016 - 12:50

, 50m

2003 - 2004

: FINA 2016

1.	2003	<b>33.66</b>	671
2.	2004	<b>33.74</b>	667
3.	2004	<b>34.03</b>	650
4.	2003	<b>34.23</b>	638
5.	2003	<b>34.84</b>	605
6.	2004	<b>35.03</b>	596
7.	2003	<b>35.11</b>	591
8.	2003	<b>35.79</b>	558



" 50 .

"SWISS TIMING"

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

103  
09.12.2016 - 12:55

, 50m

2001 - 2002

: FINA 2016

1.	2001		<b>26.84</b>	718
2.	2001		<b>27.15</b>	694
3.	2002	-	<b>27.63</b>	658
4.	2001		<b>27.96</b>	635
5.	2001		<b>28.04</b>	630
6.	2001	-1	<b>28.09</b>	626
7.	2001		<b>28.35</b>	609
8.	2002		<b>28.69</b>	588



" 50 .

"SWISS TIMING"

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

9  
09.12.2016 - 12:55

, 4 x 100m

2001 - 2002

: FINA 2016

1.	-	-	01	1:01.62	-	-	<b>4:01.40</b>	633
			01	1:07.87			01	57.90
							02	54.01
2.			01	1:00.73			<b>4:02.54</b>	624
			01	1:09.51			01	58.33
							01	53.97
3.			01	1:02.36			<b>4:03.30</b>	618
			01	1:07.20			01	58.94
							02	54.80
4.			02	1:02.51			<b>4:03.40</b>	617
			01	1:07.04			01	58.76
							01	55.09
5.			01	1:02.19			<b>4:04.58</b>	608
			01	1:08.95			01	58.05
							01	55.39
6.	-1		01	1:02.12	-1		<b>4:04.99</b>	605
			01	1:09.67			01	59.21
							02	53.99
7.			01	1:04.02			<b>4:05.28</b>	603
			02	1:07.75			01	57.90
							01	55.61
8.	-2		01	1:01.80	-2		<b>4:06.69</b>	593
			02	1:09.17			01	1:00.95
							01	54.77
9.			01	1:07.71			<b>4:06.76</b>	592
			01	1:05.68			01	59.74
							01	53.63
10.			01	1:03.62			<b>4:07.80</b>	585
			01	1:08.82			01	1:00.00
							01	55.36
11.			01	1:00.54			<b>4:08.06</b>	583
			01	1:11.28			02	1:00.48
							01	55.76
12.			02	1:01.94			<b>4:09.18</b>	575
			01	1:10.27			02	59.48
							01	57.49
13.			01	1:03.87			<b>4:10.07</b>	569
			02	1:09.47			01	1:01.16
							01	55.57
14.	-		02	1:02.94	-		<b>4:12.11</b>	555
			01	1:08.72			01	1:03.53
							02	56.92



**ВФП**Всероссийская  
Федерация  
Плавание**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

9,	, 4 x 100m	,	2001 - 2002		
15.				<b>4:12.25</b>	554
		01	1:00.90	01	1:01.90
		02	1:13.99	02	55.46
16.	-2			<b>4:14.41</b>	540
		02	1:06.84	01	1:00.58
		02	1:10.99	01	56.00
17.				<b>4:15.25</b>	535
		01	1:04.80	01	1:04.54
		02	1:10.38	01	55.53
18.				<b>4:15.49</b>	534
		01	1:05.16	01	1:01.65
		01	1:08.68	01	1:00.00
19.	-3			<b>4:15.99</b>	530
		01	1:06.78	01	1:00.58
		01	1:10.77	01	57.86
20.	-4			<b>4:16.46</b>	527
		02	1:09.83	01	1:00.28
		02	1:09.36	01	56.99
21.				<b>4:16.87</b>	525
		02	1:05.15	01	1:02.10
		02	1:14.35	01	55.27
22.				<b>4:17.48</b>	521
		01	1:01.70	01	1:02.29
		01	1:17.11	01	56.38
23.				<b>4:17.66</b>	520
		01	1:03.75	01	1:03.30
		02	1:09.76	01	1:00.85
24.				<b>4:17.90</b>	519
		02	1:06.95	01	1:03.09
		01	1:10.41	02	57.45
25.				<b>4:18.02</b>	518
		01	1:03.24	01	58.78
		02	1:21.30	01	54.70
26.				<b>4:18.75</b>	514
		01	1:04.09	02	1:02.64
		02	1:15.20	01	56.82
27.				<b>4:20.97</b>	501
		01	1:01.27	02	1:04.44
		01	1:17.24	01	58.02
28.				<b>4:21.62</b>	497
		01	1:03.44	01	1:04.02
		02	1:15.33	01	58.83
29.	Germany		Germany	<b>4:22.75</b>	490
	STRITTER Luis Vincent	01	1:05.22	01	1:01.92
	HELGET Max	01	1:14.93	02	1:00.68
			ENDERS Lennart		
			DANILOV Christian		







**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

9,	, 4 x 100m	,	2001 - 2002		
30.				<b>4:23.63</b>	486
		02	1:07.40	01	1:05.26
		02	1:14.80	01	56.17
31.	-			<b>4:24.32</b>	482
		01	1:03.42	01	58.91
		02	1:22.85	02	59.14
32.				<b>4:24.50</b>	481
		01	1:07.81	01	1:02.80
		02	1:17.96	01	55.93
33.				<b>4:24.54</b>	481
		02	1:11.19	01	1:04.45
		01	1:08.47	02	1:00.43
34.				<b>4:25.42</b>	476
		01	1:06.99	01	1:02.93
		01	1:15.14	02	1:00.36
35.				<b>4:27.48</b>	465
		02	1:12.16	02	1:05.66
		01	1:12.31	01	57.35
36.				<b>4:28.36</b>	460
		01	1:09.02	02	1:04.72
		02	1:15.47	01	59.15
37.	-3			<b>4:28.58</b>	459
		01	1:08.62	02	1:05.60
		01	1:19.54	01	54.82
38.				<b>4:30.16</b>	451
		01	1:13.82	02	1:06.44
		02	1:13.15	01	56.75
39.				<b>4:35.24</b>	427
		02	1:13.30	02	1:12.94
		01	1:10.37	01	58.63
40.				<b>4:40.68</b>	402
		02	1:10.74	01	1:11.45
		01	1:17.59	01	1:00.90
DSQ	-1			<b>4:03.31</b>	
		01	1:00.46	01	58.18
		01	1:09.94	01	54.73
DSQ				<b>4:07.10</b>	
		01	1:05.82	01	1:00.70
		01	1:06.45	01	54.13
DSQ				<b>4:08.12</b>	
		01	1:03.76	01	1:02.41
		01	1:10.85	01	51.10
DSQ				<b>4:11.16</b>	
		02	1:02.17	01	1:00.46
		02	1:11.35	01	57.18





**ВФП**

Всероссийская  
Федерация  
Плавание



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

9, , 4 x 100m ,

2001 - 2002

DSQ

**4:17.56**

01 1:05.74  
01 1:12.17

02 1:01.63  
02 58.02

DSQ

**4:18.30**

02 1:03.84  
01 1:12.23

01 1:02.92  
02 59.31



**ВФП**Всероссийская  
Федерация  
Плавания**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

10 , 4 x 100m 2003 - 2004  
09.12.2016 - 13:10

: FINA 2016

1.					<b>4:05.04</b>	638
	03	1:00.42		03	1:00.55	
	03	1:01.87		03	1:02.20	
2.	Germany		Germany		<b>4:05.13</b>	637
	AZIROVIC Nina Sophie	03 59.86	VOLZ Anna Fiona	03	1:02.26	
	WIECZOREK Rieke	03 1:02.45	KLEYBOLDT Rosalie Viktoria	03	1:00.56	
3.					<b>4:05.96</b>	631
	04	1:01.66		03	1:01.81	
	03	1:01.35		03	1:01.14	
4.					<b>4:07.96</b>	615
	03	1:00.68		04	1:04.45	
	03	1:02.43		03	1:00.40	
5.	-1		-1		<b>4:08.45</b>	612
	03	1:02.92		03	1:01.25	
	03	1:02.49		04	1:01.79	
6.					<b>4:09.40</b>	605
	03	1:00.16		04	1:01.17	
	03	1:02.42		03	1:05.65	
7.					<b>4:10.23</b>	599
	03	1:00.94		03	1:03.85	
	03	1:01.79		03	1:03.65	
8.					<b>4:11.15</b>	592
	03	59.94		03	1:03.19	
	03	1:02.98		03	1:05.04	
9.					<b>4:12.76</b>	581
	04	1:04.57		03	1:04.02	
	03	1:02.92		03	1:01.25	
10.	-3		-3		<b>4:13.10</b>	579
	03	1:04.09		03	1:06.29	
	03	1:02.49		03	1:00.23	
11.	-		-		<b>4:13.28</b>	577
	03	1:01.29		03	1:01.65	
	03	1:06.88		03	1:03.46	
12.					<b>4:13.29</b>	577
	03	1:01.02		03	1:06.02	
	03	1:07.60		04	58.65	
13.	-1		-1		<b>4:13.43</b>	576
	04	1:02.66		03	1:04.73	
	03	1:02.88		03	1:03.16	
14.					<b>4:15.70</b>	561
	04	1:02.24		04	1:04.62	
	04	1:05.78		03	1:03.06	





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

10,	, 4 x 100m	,	2003 - 2004
15.			<b>4:16.65</b> 555
		03 1:03.34	03 1:04.81
		03 1:03.51	04 1:04.99
16.	-4		<b>4:18.21</b> 545
		04 1:02.25	04 1:08.27
		04 1:04.83	03 1:02.86
17.	-2		<b>4:21.41</b> 525
		03 1:02.44	03 1:06.76
		03 1:06.63	03 1:05.58
18.			<b>4:22.66</b> 518
		03 1:06.19	03 1:05.97
		03 1:06.42	03 1:04.08
19.	-2		<b>4:23.64</b> 512
		04 1:05.46	03 1:04.07
		03 1:06.23	04 1:07.88
20.			<b>4:24.22</b> 509
		04 1:07.53	04 1:04.38
		03 1:07.27	03 1:05.04
21.			<b>4:24.47</b> 507
		03 1:05.33	04 1:06.10
		03 1:08.45	04 1:04.59
22.			<b>4:24.54</b> 507
		04 1:03.49	03 1:05.41
		03 1:09.14	04 1:06.50
23.			<b>4:25.80</b> 500
		03 1:05.20	03 1:06.85
		03 1:07.23	03 1:06.52
24.			<b>4:26.39</b> 496
		03 1:04.31	03 1:06.95
		03 1:08.86	03 1:06.27
25.			<b>4:27.91</b> 488
		04 1:06.97	03 1:07.30
		03 1:07.07	03 1:06.57
26.			<b>4:28.14</b> 487
		03 1:07.25	03 1:05.97
		04 1:09.87	03 1:05.05
27.	-3		<b>4:28.39</b> 485
		04 1:03.03	03 1:08.54
		04 1:12.54	04 1:04.28
28.			<b>4:29.99</b> 477
		03 1:03.66	03 1:13.02
		03 1:12.92	03 1:00.39
29.			<b>4:30.52</b> 474
		03 1:07.57	03 1:06.63
		03 1:07.07	03 1:09.25





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

10, , 4 x 100m , 2003 - 2004

30.				<b>4:34.47</b>	454
	03	1:07.53		03	1:08.59
	04	1:14.09		03	1:04.26
31.				<b>4:35.02</b>	451
	03	1:07.08		03	1:11.63
	03	1:09.35		03	1:06.96
32.				<b>4:35.37</b>	449
	03	1:08.26		03	1:07.92
	03	1:12.47		03	1:06.72
33.				<b>4:37.48</b>	439
	03	1:08.75		03	1:09.74
	03	1:09.60		03	1:09.39
34.				<b>4:38.19</b>	436
	03	1:06.99		03	1:07.90
	03	1:11.74		03	1:11.56
35.				<b>4:42.40</b>	416
	03	1:10.58		03	1:14.43
	03	1:09.94		04	1:07.45
36.				<b>4:44.75</b>	406
	03	1:07.16		04	1:15.60
	04	1:13.35		03	1:08.64
37.				<b>4:45.41</b>	403
	03	1:10.41		04	1:13.03
	03	1:14.44		03	1:07.53
38.	-		-	<b>4:57.19</b>	357
	04	1:11.04		04	1:17.85
	03	1:13.84		04	1:14.46





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

11  
10.12.2016 - 11:00

, 50m

2001 - 2002

: FINA 2016

1.	2001			<b>23.52</b>	A	702
2.	2001			<b>23.99</b>	A	662
3.	2002	-		<b>24.59</b>	A I	614
4.	2001	I	-3	<b>24.68</b>	A I	608
5.	2001	-	-	<b>24.77</b>	A I	601
6.	2001			<b>24.80</b>	A I	599
7.	2001			<b>24.84</b>	? I	596
	2001			<b>24.84</b>	? I	596
	2001			<b>24.84</b>	? I	596
10.	2001			<b>24.89</b>	R I	592
11.	2001	I		<b>24.98</b>	I	586
12.	2002	-	-	<b>25.01</b>	I	584
13.	2001			<b>25.05</b>	I	581
14.	2001			<b>25.12</b>	I	576
	2001			<b>25.12</b>	I	576
16.	2001	I		<b>25.15</b>	I	574
17.	2001			<b>25.23</b>	I	569
18.	2001			<b>25.24</b>	I	568
19.	2001			<b>25.30</b>	I	564
	2001	-		<b>25.30</b>	I	564
21.	2001		-2	<b>25.38</b>	I	559
22.	2002			<b>25.39</b>	I	558
23.	2001			<b>25.40</b>	I	557
	2002			<b>25.40</b>	I	557
	2002	I		<b>25.40</b>	I	557
26.	2001	I		<b>25.43</b>	I	555
27.	2001			<b>25.52</b>	II	550
28.	2001			<b>25.53</b>	II	549
29.	2001	I		<b>25.54</b>	II	548
30.	2001	I		<b>25.55</b>	II	548
	2001	I	-3	<b>25.55</b>	II	548
32.	2001	I		<b>25.62</b>	II	543
33.	2002			<b>25.68</b>	II	539
34.	2001	I		<b>25.73</b>	II	536
35.	2001	I		<b>25.79</b>	II	532
36.	2001	I		<b>25.83</b>	II	530
37.	2002			<b>25.92</b>	II	524
38.	2001	I		<b>25.93</b>	II	524
	2001	I		<b>25.93</b>	II	524
40.	2001			<b>25.98</b>	II	521
41.	2002	I		<b>26.03</b>	II	518
42.	2001	I		<b>26.06</b>	II	516
43.	2001	I		<b>26.07</b>	II	515
	2002	I		<b>26.07</b>	II	515





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

11, , 50m

2001 - 2002

45.	2002	I	-4	<b>26.08</b>	II	515
46.	2001		-1	<b>26.22</b>	II	507
47.	2001	I		<b>26.23</b>	II	506
48.	2001			<b>26.26</b>	II	504
49.	2002			<b>26.31</b>	II	501
50.	2001	I		<b>26.34</b>	II	500
51.	2002	I		<b>26.36</b>	II	499
52.	2002	I	-	<b>26.40</b>	II	496
53.	2002	I		<b>26.48</b>	II	492
54.	2001	I		<b>26.50</b>	II	491
55.	2002	I	-	<b>26.56</b>	II	487
56.	2002	I	-	<b>26.57</b>	II	487
57.	2002	I		<b>26.60</b>	II	485
	2001	I		<b>26.60</b>	II	485
59.	2001	II	-3	<b>26.67</b>	II	481
60.	2001	I		<b>26.71</b>	II	479
61.	2002	I		<b>26.74</b>	II	478
62.	2001	I		<b>26.80</b>	II	474
63.	2001	I		<b>26.81</b>	II	474
64.	2001	I		<b>26.89</b>	II	470
65.	2002	I	-3	<b>26.97</b>	II	466
	2001	I	-	<b>26.97</b>	II	466
67.	2002	I		<b>27.19</b>	II	454
	2001	I		<b>27.19</b>	II	454



" 50 .

"SWISS TIMING"

**SAMSUNG**



**ВФП**Всероссийская  
Федерация  
Плаванья**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

12  
10.12.2016 - 11:10

, 50m

2001 - 2002

: FINA 2016

1.	2001	-		<b>25.15</b>	A	709
2.	2001			<b>25.67</b>	A	667
3.	2001			<b>25.77</b>	A	659
4.	2001	-4		<b>25.79</b>	A	657
5.	2001			<b>25.88</b>	A	651
	2001			<b>25.88</b>	A	651
7.	2001			<b>25.93</b>	A	647
8.	2001			<b>26.11</b>	A I	633
9.	2001			<b>26.45</b>	R I	609
10.	2001			<b>26.47</b>	R I	608
11.	2001	I	-	<b>26.50</b>	I	606
12.	2001		-1	<b>26.57</b>	I	601
13.	2001	I		<b>26.65</b>	I	596
14.	2001	I	-1	<b>26.67</b>	I	594
15.	2002	I		<b>26.83</b>	I	584
16.	2001	I	-2	<b>26.85</b>	I	582
17. STRITTER Luis Vincent	2001	Germany		<b>26.91</b>	I	579
18.	2001			<b>27.11</b>	I	566
19.	2001			<b>27.16</b>	I	563
20.	2001			<b>27.20</b>	I	560
21.	2002	I		<b>27.40</b>	I	548
22.	2001	I		<b>27.41</b>	I	547
23.	2001		-	<b>27.43</b>	I	546
24.	2001		-3	<b>27.49</b>	I	543
25.	2001	I		<b>27.55</b>	I	539
26.	2002			<b>27.68</b>	I	532
27.	2002	I		<b>27.89</b>	I	520
28. ENDERS Lennart	2001	Germany		<b>27.97</b>	I	515
29.	2001	I		<b>28.08</b>	II	509
30.	2002	I		<b>28.10</b>	II	508
31.	2001	I	-6	<b>28.29</b>	II	498
32.	2002	I		<b>28.35</b>	II	495
33.	2001	I		<b>28.50</b>	II	487
34.	2002	I	-	<b>28.69</b>	II	477
35.	2001	I		<b>29.08</b>	II	458
36.	2001	I		<b>29.11</b>	II	457
37.	2002			<b>29.61</b>	II	434
38.	2002	I		<b>30.34</b>	II	404
DSQ	2001			<b>26.92</b>	I	



"SWISS TIMING"

" 50 .

SAMSUNG







**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

13  
10.12.2016 - 11:15

, 50m

2003 - 2004

: FINA 2016

1.	2004			<b>27.39</b>	A	709
2.	2003			<b>28.37</b>	A	638
3.	KLEYBOLDT Rosalie Viktoria	2003	Germany	<b>28.74</b>	A	614
4.	2003			<b>29.40</b>	A	573
5.	2004	I	-2	<b>29.76</b>	A I	553
6.	2003		-2	<b>30.07</b>	A I	536
7.	2003	I	-	<b>30.42</b>	A I	517
8.	2003			<b>30.70</b>	A I	503
9.	2003	I		<b>31.12</b>	R I	483
10.	2003	I		<b>31.13</b>	R I	483
11.	2003	I	-3	<b>31.38</b>	I	471
12.	2004	I		<b>31.41</b>	I	470
13.	2003	I		<b>31.52</b>	I	465
14.	2003	I		<b>31.64</b>	I	460
15.	2003	I		<b>31.81</b>	I	452
16.	2004	I	-4	<b>31.86</b>	I	450
17.	2003	I		<b>32.33</b>	II	431
18.	2003			<b>32.41</b>	II	428
19.	2004	I		<b>32.59</b>	II	421
20.	2003	I		<b>33.80</b>	II	377
21.	2003	I		<b>33.92</b>	II	373
22.	2004	I	-	<b>34.63</b>	III	351
23.	2003	I		<b>34.66</b>	III	350
24.	2004			<b>35.95</b>	III	313
25.	2003	I		<b>36.67</b>	III	295
26.	2004	I		<b>38.75</b>	1	250



" 50 .

"SWISS TIMING"

SAMSUNG



**ВФП**Всероссийская  
Федерация  
Плавания**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

14  
10.12.2016 - 11:20

, 200m

2003 - 2004

: FINA 2016

1.				2003		-3	<b>2:07.85</b>	690
	100m:	1:02.87	1:02.87	200m:	2:07.85	1:04.98		
2.	AZIROVIC Nina Sophie			2003		Germany	<b>2:08.65</b>	677
	100m:	1:03.23	1:03.23	200m:	2:08.65	1:05.42		
3.				2003			<b>2:08.85</b>	674
	100m:	1:01.90	1:01.90	200m:	2:08.85	1:06.95		
4.				2003			<b>2:10.80</b>	644
	100m:	1:04.77	1:04.77	200m:	2:10.80	1:06.03		
5.				2003		-6	<b>2:11.87</b>	628
	100m:	1:03.31	1:03.31	200m:	2:11.87	1:08.56		
6.				2003		-1	<b>2:12.29</b>	622
	100m:	1:03.99	1:03.99	200m:	2:12.29	1:08.30		
7.				2003		-1	<b>2:13.45</b>	606
	100m:	1:04.62	1:04.62	200m:	2:13.45	1:08.83		
8.				2003			<b>2:13.81</b>	601
	100m:	1:04.82	1:04.82	200m:	2:13.81	1:08.99		
9.				2003			<b>2:14.40</b>	594
	100m:	1:04.66	1:04.66	200m:	2:14.40	1:09.74		
10.				2003	I	-2	<b>2:14.52</b>	592
	100m:	1:03.98	1:03.98	200m:	2:14.52	1:10.54		
11.				2003			<b>2:14.66</b>	590
	100m:	1:05.51	1:05.51	200m:	2:14.66	1:09.15		
12.				2003			<b>2:14.68</b>	590
	100m:	1:04.12	1:04.12	200m:	2:14.68	1:10.56		
13.				2003			<b>2:14.99</b>	586
	100m:	1:05.83	1:05.83	200m:	2:14.99	1:09.16		
14.				2004			<b>2:15.27</b>	582
	100m:	1:06.08	1:06.08	200m:	2:15.27	1:09.19		
15.				2004	I	-4	<b>2:16.43</b>	I 567
	100m:	1:05.70	1:05.70	200m:	2:16.43	1:10.73		
16.				2003	I		<b>2:16.66</b>	I 565
	100m:	1:06.33	1:06.33	200m:	2:16.66	1:10.33		
17.				2003			<b>2:16.73</b>	I 564
	100m:	1:05.66	1:05.66	200m:	2:16.73	1:11.07		
				2003	I		<b>2:16.73</b>	I 564
	100m:	1:06.48	1:06.48	200m:	2:16.73	1:10.25		
19.				2004			<b>2:16.93</b>	I 561
	100m:	1:05.36	1:05.36	200m:	2:16.93	1:11.57		



**ВФП**Всероссийская  
Федерация  
Плаванья**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

14,		, 200m				2003 - 2004			
20.				2003		-1	<b>2:16.95</b>		561
	100m:	1:04.86	1:04.86	200m:	2:16.95	1:12.09			
21.				2003			<b>2:17.06</b>		560
	100m:	1:05.79	1:05.79	200m:	2:17.06	1:11.27			
22.				2004		-1	<b>2:17.24</b>		557
	100m:	1:05.54	1:05.54	200m:	2:17.24	1:11.70			
23.				2003		-1	<b>2:17.28</b>		557
	100m:	1:06.53	1:06.53	200m:	2:17.28	1:10.75			
24.				2003			<b>2:17.52</b>		554
	100m:	1:06.21	1:06.21	200m:	2:17.52	1:11.31			
				2003		-1	<b>2:17.52</b>		554
	100m:	1:07.51	1:07.51	200m:	2:17.52	1:10.01			
26.				2003		-6	<b>2:17.84</b>		550
	100m:	1:06.49	1:06.49	200m:	2:17.84	1:11.35			
27.				2003			<b>2:18.67</b>		540
	100m:	1:07.07	1:07.07	200m:	2:18.67	1:11.60			
28.				2003			<b>2:18.98</b>		537
	100m:	1:08.63	1:08.63	200m:	2:18.98	1:10.35			
29.				2004			<b>2:19.11</b>		535
	100m:	1:08.59	1:08.59	200m:	2:19.11	1:10.52			
30.				2004			<b>2:19.34</b>		533
	100m:	1:05.53	1:05.53	200m:	2:19.34	1:13.81			
31.				2003		-1	<b>2:19.54</b>		530
	100m:	1:06.91	1:06.91	200m:	2:19.54	1:12.63			
32.				2003			<b>2:19.90</b>		526
	100m:	1:07.44	1:07.44	200m:	2:19.90	1:12.46			
33.				2004		-3	<b>2:20.24</b>		522
	100m:	1:07.39	1:07.39	200m:	2:20.24	1:12.85			
34.				2003			<b>2:20.28</b>		522
	100m:	1:07.57	1:07.57	200m:	2:20.28	1:12.71			
35.				2003		-5	<b>2:20.33</b>		521
	100m:	1:06.34	1:06.34	200m:	2:20.33	1:13.99			
36.				2003			<b>2:20.40</b>		521
	100m:	1:07.53	1:07.53	200m:	2:20.40	1:12.87			
37.				2003			<b>2:20.46</b>		520
	100m:	1:06.75	1:06.75	200m:	2:20.46	1:13.71			
38.				2003		-4	<b>2:20.50</b>		519
	100m:	1:07.53	1:07.53	200m:	2:20.50	1:12.97			
39.				2004			<b>2:20.91</b>		515
	100m:	1:06.81	1:06.81	200m:	2:20.91	1:14.10			





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

14,		, 200m		, 2003 - 2004							
40.	100m:	1:07.74	1:07.74	200m:	2:20.93	1:13.19		-2	<b>2:20.93</b>		515
41.	100m:	1:09.87	1:09.87	200m:	2:21.01	1:11.14			<b>2:21.01</b>		514
42.	100m:	1:09.01	1:09.01	200m:	2:21.47	1:12.46			<b>2:21.47</b>		509
43.	100m:	1:08.34	1:08.34	200m:	2:21.55	1:13.21			<b>2:21.55</b>		508
44.	100m:	1:07.23	1:07.23	200m:	2:21.71	1:14.48			<b>2:21.71</b>		506
45.	100m:	1:07.19	1:07.19	200m:	2:21.96	1:14.77		-3	<b>2:21.96</b>		504
46.	100m:	1:08.70	1:08.70	200m:	2:22.04	1:13.34		-	<b>2:22.04</b>		503
47.	100m:	1:06.60	1:06.60	200m:	2:22.07	1:15.47			<b>2:22.07</b>		502
48.	100m:	1:10.60	1:10.60	200m:	2:22.09	1:11.49			<b>2:22.09</b>		502
49.	100m:	1:10.51	1:10.51	200m:	2:22.16	1:11.65			<b>2:22.16</b>		501
50.	100m:	1:09.71	1:09.71	200m:	2:23.34	1:13.63			<b>2:23.34</b>		489
51.	100m:	1:08.45	1:08.45	200m:	2:23.58	1:15.13			<b>2:23.58</b>		487
	100m:	1:09.18	1:09.18	200m:	2:23.58	1:14.40			<b>2:23.58</b>		487
53.	100m:	1:08.61	1:08.61	200m:	2:23.61	1:15.00			<b>2:23.61</b>		486
54.	100m:	1:08.19	1:08.19	200m:	2:23.93	1:15.74		-2	<b>2:23.93</b>		483
55.	100m:	1:10.45	1:10.45	200m:	2:24.20	1:13.75			<b>2:24.20</b>		480
56.	100m:	1:05.49	1:05.49	200m:	2:24.21	1:18.72			<b>2:24.21</b>		480
57.	100m:	1:09.50	1:09.50	200m:	2:24.77	1:15.27			<b>2:24.77</b>		475
58.	100m:	1:10.42	1:10.42	200m:	2:25.35	1:14.93			<b>2:25.35</b>		469
59.	100m:	1:09.91	1:09.91	200m:	2:26.31	1:16.40			<b>2:26.31</b>		460





**ВФП**

Всероссийская  
Федерация  
Плавание



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

14, , 200m		, 2003 - 2004					
60.	100m: 1:08.62 1:08.62	200m: 2:27.99 1:19.37	2003	<b>2:27.99</b>		444	
61.	100m: 1:11.16 1:11.16	200m: 2:28.05 1:16.89	2003 - -	<b>2:28.05</b>		444	
62.	100m: 1:11.31 1:11.31	200m: 2:28.18 1:16.87	2003	<b>2:28.18</b>		443	
63.	100m: 1:14.52 1:14.52	200m: 2:28.56 1:14.04	2003	<b>2:28.56</b>		439	
64.	100m: 1:10.57 1:10.57	200m: 2:29.71 1:19.14	2003	<b>2:29.71</b>		429	
65.	100m: 1:11.21 1:11.21	200m: 2:30.13 1:18.92	2003	<b>2:30.13</b>		426	
66.	100m: 1:11.08 1:11.08	200m: 2:30.33 1:19.25	2003	<b>2:30.33</b>		424	
67.	100m: 2:31.75 2:31.75	200m: 2:31.75	2004	<b>2:31.75</b>		412	
68.	100m: 1:13.32 1:13.32	200m: 2:33.68 1:20.36	2003	<b>2:33.68</b>		397	
69.	100m: 1:12.54 1:12.54	200m: 2:34.74 1:22.20	2003	<b>2:34.74</b>		389	
70.	100m: 1:14.42 1:14.42	200m: 2:35.91 1:21.49	2004	<b>2:35.91</b>		380	
71.	100m: 2:36.90 2:36.90	200m: 2:36.90	2003	<b>2:36.90</b>		373	
72.	100m: 1:15.25 1:15.25	200m: 2:39.08 1:23.83	2003   -	<b>2:39.08</b>		358	
73.	100m: 1:18.28 1:18.28	200m: 2:47.72 1:29.44	2004	<b>2:47.72</b>		305	
DSQ			2004				





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

11 , 50m 2001 - 2002  
10.12.2016 ( )

: FINA 2016

1.	2001	<b>24.38</b>		630
2.	2001	<b>24.40</b>		629
3.	2001	<b>24.49</b>		622



" 50 .

"SWISS TIMING"

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

15  
10.12.2016 - 11:45

, 100m

2003 - 2004

: FINA 2016

1.	2003			<b>1:05.09</b>	711
2.	2003			<b>1:06.16</b>	677
3.	2003			<b>1:06.36</b>	671
4.	2003	-	-	<b>1:06.66</b>	662
5.	WIECZOREK Rieke	2003	Germany	<b>1:06.82</b>	658
6.	2003			<b>1:07.42</b>	640
7.	2003			<b>1:07.90</b>	627
8.	2003			<b>1:07.99</b>	624
9.	2004	-4		<b>1:08.01</b>	624
10.	2003			<b>1:08.02</b>	623
11.	2003			<b>1:08.10</b>	621
	2004			<b>1:08.10</b>	621
13.	2003			<b>1:08.23</b>	618
14.	2004			<b>1:08.40</b>	613
15.	2004			<b>1:08.87</b>	601
16.	2003			<b>1:09.03</b>	596
17.	2004			<b>1:09.24</b>	591
	2003			<b>1:09.24</b>	591
19.	2003			<b>1:09.30</b>	589
20.	VOLZ Anna Fiona	2003	Germany	<b>1:09.63</b>	581
21.	2003			<b>1:09.77</b>	578
22.	2004			<b>1:09.86</b>	575
23.	2003			<b>1:09.94</b>	573
24.	2004			<b>1:10.08</b>	570
25.	2004			<b>1:10.64</b>	556
26.	2003			<b>1:10.91</b>	550
27.	2003			<b>1:11.22</b>	543
28.	2004			<b>1:11.25</b>	542
29.	2004			<b>1:11.37</b>	540
30.	2003			<b>1:11.43</b>	538
31.	2004			<b>1:11.50</b>	537
32.	2004			<b>1:11.56</b>	535
33.	2004		-2	<b>1:11.62</b>	534
34.	2003			<b>1:11.90</b>	528
35.	2003			<b>1:11.92</b>	527
36.	2003		-3	<b>1:12.05</b>	524
37.	2003			<b>1:12.73</b>	510
38.	2003			<b>1:13.00</b>	504
39.	2003			<b>1:13.17</b>	501
40.	2003			<b>1:13.25</b>	499
41.	2003			<b>1:13.38</b>	496
42.	2003			<b>1:13.52</b>	494
43.	2003			<b>1:14.39</b>	476
44.	2003			<b>1:14.78</b>	469





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Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

15, , 100m , 2003 - 2004

45.	2003		<b>1:15.10</b>		463
46.	2004	I	<b>1:15.45</b>		457
47.	2004	I	<b>1:15.61</b>		454
48.	2003	I	<b>1:15.73</b>		452
49.	2003	I	<b>1:15.95</b>		448
50.	2004	I	<b>1:16.70</b>		435
51.	2004	II	<b>1:18.36</b>		408
52.	2004	I	<b>1:18.40</b>		407
53.	2003	I	<b>1:18.47</b>		406
54.	2004	I	<b>1:18.81</b>		401
55.	2003	I	<b>1:19.72</b>		387
56.	2004	I	<b>1:19.78</b>		386
57.	2003	I	<b>1:20.07</b>		382
58.	2003	I	<b>1:20.63</b>		374
59.	2004	I	<b>1:21.74</b>		359
60.	2004	I	<b>1:31.94</b>		252



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"SWISS TIMING"

**SAMSUNG**







**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

16  
10.12.2016 - 12:00

, 200m

2001 - 2002

: FINA 2016

1.	100m: 1:02.83	1:02.83	200m: 2:07.72	1:04.89	2001	-1	<b>2:07.72</b>	672
2.	100m: 1:03.04	1:03.04	200m: 2:11.04	1:08.00	2002		<b>2:11.04</b>	623
3.	100m: 1:02.88	1:02.88	200m: 2:11.39	1:08.51	2001		<b>2:11.39</b>	618
4.	100m: 1:02.60	1:02.60	200m: 2:11.41	1:08.81	2001	-1	<b>2:11.41</b>	617
5.	100m: 1:04.43	1:04.43	200m: 2:11.79	1:07.36	2001		<b>2:11.79</b>	612
6.	100m: 1:03.50	1:03.50	200m: 2:12.52	1:09.02	2001		<b>2:12.52</b>	602
7.	100m: 1:04.60	1:04.60	200m: 2:14.05	1:09.45	2001	-	<b>2:14.05</b>	581
8.	100m: 1:03.92	1:03.92	200m: 2:14.65	1:10.73	2001		<b>2:14.65</b>	574
9.	100m: 1:04.72	1:04.72	200m: 2:14.73	1:10.01	2002		<b>2:14.73</b>	573
10.	100m: 1:05.58	1:05.58	200m: 2:14.85	1:09.27	2001		<b>2:14.85</b>	571
11.	100m: 1:05.39	1:05.39	200m: 2:15.29	1:09.90	2001		<b>2:15.29</b>	566
12.	100m: 1:06.97	1:06.97	200m: 2:15.96	1:08.99	2001		<b>2:15.96</b>	557
13.	100m: 1:06.22	1:06.22	200m: 2:16.28	1:10.06	2002		<b>2:16.28</b>	553
14.	100m: 1:07.61	1:07.61	200m: 2:17.48	1:09.87	2001		<b>2:17.48</b>	539
15.	100m: 1:07.66	1:07.66	200m: 2:17.86	1:10.20	2001		<b>2:17.86</b>	535
16.	100m: 1:06.30	1:06.30	200m: 2:18.10	1:11.80	2001		<b>2:18.10</b>	532
17.	100m: 1:07.18	1:07.18	200m: 2:18.85	1:11.67	2001		<b>2:18.85</b>	523
18.	100m: 1:04.48	1:04.48	200m: 2:19.00	1:14.52	2002		<b>2:19.00</b>	522
19.	100m: 1:08.63	1:08.63	200m: 2:19.05	1:10.42	2001	-	<b>2:19.05</b>	521





**ВФП**

Всероссийская  
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Плавание



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

16, , 200m , 2001 - 2002

20.				2001		<b>2:19.47</b>	I	516
	100m:	1:05.99	1:05.99	200m:	2:19.47	1:13.48		
21.				2001		<b>2:19.85</b>	I	512
	100m:	1:07.41	1:07.41	200m:	2:19.85	1:12.44		
22.				2001	-1	<b>2:19.99</b>	I	511
	100m:	1:07.41	1:07.41	200m:	2:19.99	1:12.58		
23.				2002	I	<b>2:20.28</b>	I	507
	100m:	1:05.79	1:05.79	200m:	2:20.28	1:14.49		
24.				2001		<b>2:20.83</b>	I	501
	100m:	1:06.03	1:06.03	200m:	2:20.83	1:14.80		
25.				2002	I	<b>2:22.01</b>	I	489
	100m:	1:08.87	1:08.87	200m:	2:22.01	1:13.14		
26.				2001	I	<b>2:22.21</b>	I	487
	100m:	1:08.58	1:08.58	200m:	2:22.21	1:13.63		
27.				2002	I	<b>2:22.25</b>	I	487
	100m:	1:06.64	1:06.64	200m:	2:22.25	1:15.61		
28.				2001		<b>2:22.36</b>	I	485
	100m:	1:08.38	1:08.38	200m:	2:22.36	1:13.98		
29.				2001	I	<b>2:23.04</b>	I	479
	100m:	1:07.36	1:07.36	200m:	2:23.04	1:15.68		
30.				2002	I	<b>2:23.25</b>	I	476
	100m:	1:08.52	1:08.52	200m:	2:23.25	1:14.73		
31.				2001	I	<b>2:23.33</b>	I	476
	100m:	1:07.45	1:07.45	200m:	2:23.33	1:15.88		
32.				2001	I	<b>2:23.82</b>	II	471
	100m:	1:08.57	1:08.57	200m:	2:23.82	1:15.25		
33.				2002	I	<b>2:24.10</b>	II	468
	100m:	1:09.63	1:09.63	200m:	2:24.10	1:14.47		
DSQ				2001	I			
sick				2001				



**ВФП**Всероссийская  
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Плавания**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

17  
10.12.2016 - 12:10

, 400m

2001 - 2002

: FINA 2016

1.	100m: 58.18 58.18	2001	200m: 2:01.23 1:03.05	300m: 3:04.80 1:03.57	400m: 4:06.80 1:02.00	709
2.	100m: 58.84 58.84	2001	200m: 2:02.68 1:03.84	300m: 3:06.80 1:04.12	400m: 4:07.20 1:00.40	705
3.	100m: 58.84 58.84	2001	200m: 2:02.16 1:03.32	300m: 3:05.98 1:03.82	400m: 4:07.61 1:01.63	702
4.	100m: 59.43 59.43	2001	200m: 2:02.43 1:03.00	300m: 3:06.31 1:03.88	400m: 4:07.78 1:01.47	700
5.	100m: 59.75 59.75	2001	200m: 2:03.73 1:03.98	300m: 3:08.60 1:04.87	400m: 4:11.18 1:02.58	672
6.	100m: 1:00.24 1:00.24	2001	200m: 2:04.73 1:04.49	300m: 3:09.44 1:04.71	400m: 4:12.27 1:02.83	663
7.	100m: 1:01.49 1:01.49	2002	200m: 2:06.04 1:04.55	300m: 3:10.50 1:04.46	400m: 4:13.47 1:02.97	654
8.	100m: 1:00.03 1:00.03	2001	200m: 2:03.94 1:03.91	300m: 3:08.35 1:04.41	400m: 4:13.71 1:05.36	652
9.	100m: 1:02.15 1:02.15	2002	200m: 2:08.71 1:06.56	300m: 3:14.76 1:06.05	400m: 4:15.75 1:00.99	637
10.	100m: 1:02.02 1:02.02	2002	200m: 2:08.24 1:06.22	300m: 3:14.22 1:05.98	400m: 4:16.76 1:02.54	629
11.	HELGET Max 100m: 1:01.75 1:01.75	2001 Germany	200m: 2:07.42 1:05.67	300m: 3:12.97 1:05.55	400m: 4:16.91 1:03.94	628
12.	100m: 1:01.14 1:01.14	2001	200m: 2:07.08 1:05.94	300m: 3:13.99 1:06.91	400m: 4:18.20 1:04.21	619
13.	100m: 1:00.92 1:00.92	2001	200m: 2:06.86 1:05.94	300m: -2 3:13.68 1:06.82	400m: 4:18.42 1:04.74	617
14.	100m: 1:00.74 1:00.74	2001	200m: 2:06.27 1:05.53	300m: -2 3:12.91 1:06.64	400m: 4:18.45 1:05.54	617
15.	100m: 1:00.36 1:00.36	2001	200m: 2:06.91 1:06.55	300m: 3:14.64 1:07.73	400m: 4:21.04 1:06.40	599
16.	100m: 1:00.16 1:00.16	2001	200m: 2:07.49 1:07.33	300m: 3:15.82 1:08.33	400m: 4:21.74 1:05.92	594
17.	100m: 1:02.09 1:02.09	2002	200m: 2:10.07 1:07.98	300m: -1 3:18.10 1:08.03	400m: 4:21.85 1:03.75	593
18.	100m: 1:00.43 1:00.43	2001	200m: 2:07.76 1:07.33	300m: 3:16.23 1:08.47	400m: 4:22.11 1:05.88	591
19.	100m: 1:00.73 1:00.73	2001	200m: 2:08.53 1:07.80	300m: 3:16.59 1:08.06	400m: 4:22.82 1:06.23	587



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Александра Попова

, 08.12 -11.12.2016 .

17,	, 400m	, 2001 - 2002
20.		2002 -2 <b>4:22.83</b>   587
100m:	1:02.25 1:02.25	200m: 2:09.61 1:07.36 300m: 3:17.07 1:07.46 400m: 4:22.83 1:05.76
21.		2001 <b>4:23.05</b>   585
100m:	1:01.65 1:01.65	200m: 2:08.37 1:06.72 300m: 3:15.97 1:07.60 400m: 4:23.05 1:07.08
22.		2002   <b>4:23.51</b>   582
100m:	1:02.77 1:02.77	200m: 2:10.11 1:07.34 300m: 3:18.27 1:08.16 400m: 4:23.51 1:05.24
23.		2002   -2 <b>4:23.55</b>   582
100m:	1:02.48 1:02.48	200m: 2:10.16 1:07.68 300m: 3:18.98 1:08.82 400m: 4:23.55 1:04.57
24.		2001   <b>4:25.98</b>   566
100m:	1:03.79 1:03.79	200m: 2:11.85 1:08.06 300m: 3:20.27 1:08.42 400m: 4:25.98 1:05.71
25.		2001 <b>4:25.99</b>   566
100m:	1:02.61 1:02.61	200m: 2:10.82 1:08.21 300m: 3:19.86 1:09.04 400m: 4:25.99 1:06.13
26.		2001 <b>4:26.05</b>   565
100m:	1:00.96 1:00.96	200m: 2:09.21 1:08.25 300m: 3:18.93 1:09.72 400m: 4:26.05 1:07.12
27.		2002 <b>4:27.13</b>   559
100m:	1:03.44 1:03.44	200m: 2:10.67 1:07.23 300m: 3:18.49 1:07.82 400m: 4:27.13 1:08.64
28.		2001 <b>4:27.51</b>   556
100m:	1:03.73 1:03.73	200m: 2:12.21 1:08.48 300m: 3:21.49 1:09.28 400m: 4:27.51 1:06.02
29.		2002   <b>4:29.08</b>   547
100m:	1:03.25 1:03.25	200m: 2:11.19 1:07.94 300m: 3:20.22 1:09.03 400m: 4:29.08 1:08.86
30.		2001 <b>4:30.05</b>   541
100m:	1:00.90 1:00.90	200m: 2:09.83 1:08.93 300m: 3:22.19 1:12.36 400m: 4:30.05 1:07.86
31.		2001 <b>4:30.12</b>   540
100m:	1:01.98 1:01.98	200m: 2:09.73 1:07.75 300m: 3:19.76 1:10.03 400m: 4:30.12 1:10.36
32.		2001   <b>4:30.91</b>   536
100m:	1:03.66 1:03.66	200m: 2:14.19 1:10.53 300m: 3:23.25 1:09.06 400m: 4:30.91 1:07.66
33.		2002   -4 <b>4:31.10</b>   534
100m:	1:03.64 1:03.64	200m: 2:13.30 1:09.66 300m: 3:22.63 1:09.33 400m: 4:31.10 1:08.47
34.		2001   <b>4:31.37</b>   533
100m:	1:02.94 1:02.94	200m: 2:11.83 1:08.89 300m: 3:21.47 1:09.64 400m: 4:31.37 1:09.90
35.		2001   -6 <b>4:31.76</b>   531
100m:	1:04.13 1:04.13	200m: 2:12.90 1:08.77 300m: 3:22.61 1:09.71 400m: 4:31.76 1:09.15
36.		2002 <b>4:31.79</b>   530
100m:	1:04.11 1:04.11	200m: 2:12.53 1:08.42 300m: 3:22.78 1:10.25 400m: 4:31.79 1:09.01
37.		2001   <b>4:32.17</b>   528
100m:	1:05.14 1:05.14	200m: 2:14.40 1:09.26 300m: 3:24.36 1:09.96 400m: 4:32.17 1:07.81
38.		2002   <b>4:32.29</b>   527
100m:	1:04.54 1:04.54	200m: 2:13.83 1:09.29 300m: 3:23.63 1:09.80 400m: 4:32.29 1:08.66
39.		2001   -4 <b>4:32.93</b>   524
100m:	1:03.96 1:03.96	200m: 2:14.80 1:10.84 300m: 3:26.25 1:11.45 400m: 4:32.93 1:06.68



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Александра Попова

, 08.12 -11.12.2016 .

17,		, 400m				2001 - 2002			
40.				2001				<b>4:33.18</b>	522
	100m:	1:05.05	1:05.05	200m:	2:14.81	1:09.76	300m:	3:25.05	1:10.24
								400m:	4:33.18
									1:08.13
41.	DANILOV Christian			2002		Germany		<b>4:34.95</b>	512
	100m:	1:04.80	1:04.80	200m:	2:15.67	1:10.87	300m:	3:27.01	1:11.34
								400m:	4:34.95
									1:07.94
42.				2002				<b>4:35.09</b>	511
	100m:	1:04.69	1:04.69	200m:	2:15.84	1:11.15	300m:	3:27.17	1:11.33
								400m:	4:35.09
									1:07.92
43.				2001				<b>4:35.52</b>	509
	100m:	1:01.42	1:01.42	200m:	2:12.58	1:11.16	300m:	3:25.78	1:13.20
								400m:	4:35.52
									1:09.74
44.				2002				<b>4:35.56</b>	509
	100m:	1:05.66	1:05.66	200m:	2:14.39	1:08.73	300m:	3:25.40	1:11.01
								400m:	4:35.56
									1:10.16
45.				2001				<b>4:37.28</b>	499
	100m:	1:06.67	1:06.67	200m:	2:17.15	1:10.48	300m:	3:28.11	1:10.96
								400m:	4:37.28
									1:09.17
46.				2002				<b>4:37.75</b>	497
	100m:	1:05.77	1:05.77	200m:	2:17.22	1:11.45	300m:	3:28.86	1:11.64
								400m:	4:37.75
									1:08.89
47.				2001				<b>4:39.03</b>	490
	100m:	1:04.08	1:04.08	200m:	2:14.84	1:10.76	300m:	3:28.03	1:13.19
								400m:	4:39.03
									1:11.00
48.				2002				<b>4:39.17</b>	489
	100m:	1:03.71	1:03.71	200m:	2:14.41	1:10.70	300m:	3:26.75	1:12.34
								400m:	4:39.17
									1:12.42
49.				2001				<b>4:40.83</b>	481
	100m:	1:03.74	1:03.74	200m:	2:15.77	1:12.03	300m:	3:29.91	1:14.14
								400m:	4:40.83
									1:10.92
50.				2001				<b>4:42.58</b>	472
	100m:	1:05.96	1:05.96	200m:	2:18.18	1:12.22	300m:	3:31.52	1:13.34
								400m:	4:42.58
									1:11.06
51.				2002				<b>4:44.83</b>	461
	100m:	1:07.21	1:07.21	200m:	2:20.88	1:13.67	300m:	3:32.80	1:11.92
								400m:	4:44.83
									1:12.03
52.				2002				<b>4:47.50</b>	448
	100m:	1:06.09	1:06.09	200m:	2:19.26	1:13.17	300m:	3:34.41	1:15.15
								400m:	4:47.50
									1:13.09
53.				2002				<b>4:48.80</b>	442
	100m:	1:07.88	1:07.88	200m:	2:21.75	1:13.87	300m:	3:36.07	1:14.32
								400m:	4:48.80
									1:12.73
54.				2002		-		<b>4:50.66</b>	434
	100m:	1:07.70	1:07.70	200m:	2:21.45	1:13.75	300m:	3:36.56	1:15.11
								400m:	4:50.66
									1:14.10
55.				2002				<b>4:51.53</b>	430
	100m:	1:06.95	1:06.95	200m:	2:21.66	1:14.71	300m:	3:37.76	1:16.10
								400m:	4:51.53
									1:13.77
56.				2001				<b>4:58.29</b>	401
	100m:	1:09.13	1:09.13	200m:	2:24.87	1:15.74	300m:	3:42.59	1:17.72
								400m:	4:58.29
									1:15.70
57.				2001				<b>5:07.60</b>	366
	100m:	1:07.65	1:07.65	200m:	2:24.87	1:17.22	300m:	3:47.03	1:22.16
								400m:	5:07.60
									1:20.57





**ВФП**

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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

18  
10.12.2016 - 12:45

, 200m

2003 - 2004

: FINA 2016

1.	100m: 1:16.40	1:16.40	200m: 2:38.35	1:21.95		<b>2:38.35</b>	677
2.	100m: 1:16.93	1:16.93	200m: 2:39.00	1:22.07		<b>2:39.00</b>	669
3.	100m: 1:18.69	1:18.69	200m: 2:42.18	1:23.49		<b>2:42.18</b>	631
	100m: 1:18.17	1:18.17	200m: 2:42.18	1:24.01		<b>2:42.18</b>	631
5.	100m: 1:17.29	1:17.29	200m: 2:42.94	1:25.65	-3	<b>2:42.94</b>	622
6.	100m: 1:19.33	1:19.33	200m: 2:45.28	1:25.95		<b>2:45.28</b>	596
7.	100m: 1:19.05	1:19.05	200m: 2:45.92	1:26.87		<b>2:45.92</b>	589
8.	100m: 1:19.86	1:19.86	200m: 2:46.34	1:26.48	-2	<b>2:46.34</b>	584
9.	100m: 1:22.75	1:22.75	200m: 2:48.20	1:25.45		<b>2:48.20</b>	565
10.	100m: 1:18.82	1:18.82	200m: 2:48.38	1:29.56		<b>2:48.38</b>	563
11.	100m: 1:20.92	1:20.92	200m: 2:48.78	1:27.86		<b>2:48.78</b>	559
12.	100m: 1:24.70	1:24.70	200m: 2:48.92	1:24.22	-2	<b>2:48.92</b>	558
13.	100m: 1:20.20	1:20.20	200m: 2:49.18	1:28.98		<b>2:49.18</b>	555
14.	100m: 1:20.86	1:20.86	200m: 2:49.20	1:28.34		<b>2:49.20</b>	555
15.	100m: 1:22.64	1:22.64	200m: 2:49.23	1:26.59		<b>2:49.23</b>	555
16.	100m: 1:21.49	1:21.49	200m: 2:50.22	1:28.73		<b>2:50.22</b>	545
17.	100m: 1:21.84	1:21.84	200m: 2:50.33	1:28.49	-1	<b>2:50.33</b>	544
18.	100m: 1:20.07	1:20.07	200m: 2:50.79	1:30.72		<b>2:50.79</b>	540
19.	100m: 1:20.16	1:20.16	200m: 2:51.42	1:31.26		<b>2:51.42</b>	534





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, 08.12 -11.12.2016 .

18,	, 200m	, 2003 - 2004					
20.	100m: 1:23.65 1:23.65	200m: 2:51.94 1:28.29	2004	-3		<b>2:51.94</b>	529
21.	100m: 1:24.20 1:24.20	200m: 2:52.02 1:27.82	2003	-6		<b>2:52.02</b>	528
22.	100m: 1:22.90 1:22.90	200m: 2:52.42 1:29.52	2004			<b>2:52.42</b>	525
23.	100m: 1:21.97 1:21.97	200m: 2:52.62 1:30.65	2003			<b>2:52.62</b>	523
24.	100m: 1:21.04 1:21.04	200m: 2:53.09 1:32.05	2003			<b>2:53.09</b>	519
25.	100m: 1:21.26 1:21.26	200m: 2:53.48 1:32.22	2003	-	-	<b>2:53.48</b>	515
26.	100m: 1:24.75 1:24.75	200m: 2:53.89 1:29.14	2003			<b>2:53.89</b>	511
27.	100m: 1:20.84 1:20.84	200m: 2:53.93 1:33.09	2003	-2		<b>2:53.93</b>	511
28.	100m: 1:25.16 1:25.16	200m: 2:54.04 1:28.88	2003			<b>2:54.04</b>	510
29.	100m: 1:23.35 1:23.35	200m: 2:55.07 1:31.72	2003	-3		<b>2:55.07</b>	501
30.	100m: 1:28.79 1:28.79	200m: 2:58.35 1:29.56	2003			<b>2:58.35</b>	474
31.	100m: 1:27.39 1:27.39	200m: 2:58.52 1:31.13	2003			<b>2:58.52</b>	473
32.	100m: 1:27.14 1:27.14	200m: 2:58.66 1:31.52	2004			<b>2:58.66</b>	472
33.	100m: 1:25.56 1:25.56	200m: 2:59.04 1:33.48	2003			<b>2:59.04</b>	469
34.	100m: 1:26.85 1:26.85	200m: 2:59.28 1:32.43	2003			<b>2:59.28</b>	467
35.	100m: 1:26.51 1:26.51	200m: 2:59.37 1:32.86	2004			<b>2:59.37</b>	466
36.	100m: 1:26.20 1:26.20	200m: 3:00.40 1:34.20	2003			<b>3:00.40</b>	458
37.	100m: 1:28.24 1:28.24	200m: 3:00.57 1:32.33	2003			<b>3:00.57</b>	457
38.	100m: 1:27.48 1:27.48	200m: 3:01.51 1:34.03	2003			<b>3:01.51</b>	450
39.	100m: 1:25.85 1:25.85	200m: 3:02.82 1:36.97	2004	-		<b>3:02.82</b>	440





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Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

18, , 200m , 2003 - 2004

40.				2003		<b>3:03.20</b>		437
	100m:	1:27.73	1:27.73	200m:	3:03.20	1:35.47		
41.				2003		<b>3:03.60</b>		434
	100m:	1:25.09	1:25.09	200m:	3:03.60	1:38.51		
42.				2003		<b>3:04.81</b>		426
	100m:	1:27.20	1:27.20	200m:	3:04.81	1:37.61		
43.				2004		<b>3:08.26</b>		403
	100m:	1:30.41	1:30.41	200m:	3:08.26	1:37.85		
44.				2003		<b>3:11.65</b>		382
	100m:	1:31.38	1:31.38	200m:	3:11.65	1:40.27		
DSQ				2003		<b>2:41.85</b>		
	100m:	1:19.00	1:19.00	200m:	2:41.85	1:22.85		
DSQ				2004	-	<b>3:10.90</b>		
	100m:	1:28.68	1:28.68	200m:	3:10.90	1:42.22		
sick				2004				



" 50 .

"SWISS TIMING"

**SAMSUNG**







**ВФП**

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**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

19  
10.12.2016 - 13:05

, 100m

2001 - 2002

: FINA 2016

1.	2001			<b>1:03.00</b>	777
2.	2001			<b>1:05.59</b>	688
3.	2001			<b>1:06.05</b>	674
4.	2001			<b>1:06.76</b>	653
5.	2001			<b>1:07.28</b>	638
6.	2001			<b>1:07.33</b>	636
7.	2001			<b>1:07.57</b>	629
8.	2001		-6	<b>1:07.86</b>	621
9.	2001		-	<b>1:07.95</b>	619
10.	2001			<b>1:08.08</b>	615
11.	2002		-2	<b>1:08.19</b>	612
12.	2001		-3	<b>1:08.54</b>	603
13.	2001			<b>1:08.56</b>	602
14.	2002			<b>1:08.65</b>	600
15.	2001			<b>1:08.75</b>	597
16.	2001			<b>1:08.98</b>	591
	2001			<b>1:08.98</b>	591
18.	2001			<b>1:09.12</b>	588
19.	2002			<b>1:09.15</b>	587
20.	2001			<b>1:09.28</b>	584
21.	2001		-3	<b>1:09.33</b>	583
22.	2001		-1	<b>1:09.87</b>	569
23.	2002			<b>1:09.98</b>	566
24.	2002			<b>1:10.16</b>	562
25.	2002			<b>1:10.27</b>	559
26.	2001			<b>1:10.42</b>	556
27.	2001			<b>1:10.51</b>	554
28.	2001		-2	<b>1:10.56</b>	553
29.	2001		-3	<b>1:10.63</b>	551
30.	2002			<b>1:11.08</b>	541
	2002			<b>1:11.08</b>	541
32.	2001			<b>1:11.13</b>	539
33.	2002			<b>1:11.37</b>	534
34.	2001			<b>1:11.41</b>	533
35.	2001			<b>1:11.75</b>	526
36.	2002			<b>1:11.79</b>	525
37.	2002		-2	<b>1:11.84</b>	524
38.	2001			<b>1:12.41</b>	511
39.	2001			<b>1:12.61</b>	507
40.	2001			<b>1:13.01</b>	499
41.	2001			<b>1:13.72</b>	484
42.	2002			<b>1:14.54</b>	469
43.	2001			<b>1:14.77</b>	464
	2001			<b>1:14.77</b>	464





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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

19, , 100m , 2001 - 2002

45.	2002	I	<b>1:14.99</b>	II	460
46.	2002	I	<b>1:15.39</b>	II	453
47.	2002	I	<b>1:15.80</b>	II	446
48.	2001	I	<b>1:16.50</b>	II	434
49.	2002	I	<b>1:17.85</b>	II	411
50.	2002	I	<b>1:18.79</b>	II	397



" 50 .

"SWISS TIMING"

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**ВФП**

Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

111  
10.12.2016 - 13:15

, 50m

2001 - 2002

: FINA 2016

1.	2001			<b>23.30</b>		722
2.	2001			<b>23.67</b>		689
3.	2002		-	<b>24.22</b>		643
4.	2001		-3	<b>24.30</b>		637
5.	2001			<b>24.32</b>		635
6.	2001			<b>24.40</b>		629
7.	2001		-	<b>24.84</b>		596
8.	2001			<b>25.01</b>		584



" 50 .

"SWISS TIMING"

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Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

112  
10.12.2016 - 13:15

, 50m

2001 - 2002

: FINA 2016

1.	2001	-	<b>25.12</b>	711
2.	2001		<b>25.18</b>	706
3.	2001	-4	<b>25.45</b>	684
4.	2001		<b>25.71</b>	664
5.	2001		<b>25.79</b>	657
6.	2001		<b>25.91</b>	648
7.	2001		<b>26.29</b>	621
8.	2001		<b>26.35</b>	616



" 50 .

"SWISS TIMING"

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**ВФП**

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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

113  
10.12.2016 - 13:15

, 50m

2003 - 2004

: FINA 2016

1.	2004			<b>27.49</b>		701
2.	2003			<b>28.14</b>		654
3.	2003			<b>28.90</b>		604
4.	KLEYBOLDT Rosalie Viktoria	2003	Germany	<b>29.08</b>		592
5.		2004	-2	<b>29.64</b>		559
6.		2003	-2	<b>30.08</b>		535
7.		2003		<b>30.13</b>		533
8.		2003	-	<b>30.53</b>		512





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**КУБОК**

Александра Попова

, 08.12 - 11.12.2016 .

20  
10.12.2016 - 13:20

, 4 x 100m

2003 - 2004

: FINA 2016

1.				<b>4:31.29</b>	625	
	03	1:10.60		04	1:00.74	
	03	1:18.13		03	1:01.82	
2.				<b>4:32.11</b>	620	
	04	1:08.99		03	1:06.75	
	03	1:15.83		03	1:00.54	
3.	Germany		Germany	<b>4:34.43</b>	604	
	WIECZOREK Rieke	03	1:08.90	KLEYBOLDT Rosalie Viktoria	03	1:04.77
	AZIROVIC Nina Sophie	03	1:19.53	VOLZ Anna Fiona	03	1:01.23
4.				<b>4:34.54</b>	603	
	03	1:07.92		03	1:03.24	
	03	1:20.57		03	1:02.81	
5.				<b>4:34.98</b>	600	
	03	1:10.09		03	1:06.54	
	04	1:18.43		03	59.92	
6.				<b>4:35.77</b>	595	
	03	1:10.84		03	1:06.01	
	03	1:18.26		04	1:00.66	
7.				<b>4:36.45</b>	591	
	04	1:08.85		03	1:12.43	
	03	1:15.57		03	59.60	
8.	-	-	-	<b>4:37.64</b>	583	
	03	1:06.81		03	1:07.96	
	03	1:21.48		03	1:01.39	
9.				<b>4:38.04</b>	581	
	03	1:06.70		03	1:07.96	
	03	1:22.00		03	1:01.38	
10.				<b>4:38.28</b>	579	
	04	1:09.55		03	1:09.85	
	03	1:14.15		03	1:04.73	
11.	-3		-3	<b>4:38.93</b>	575	
	03	1:12.08		03	1:08.99	
	03	1:17.97		03	59.89	
12.				<b>4:40.96</b>	563	
	04	1:13.50		03	1:07.47	
	04	1:18.44		04	1:01.55	
13.				<b>4:41.71</b>	558	
	03	1:09.85		03	1:10.02	
	03	1:19.42		03	1:02.42	
14.	-2		-2	<b>4:43.35</b>	549	
	04	1:12.59		03	1:06.57	
	03	1:18.98		04	1:05.21	





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Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

20,	, 4 x 100m	, 2003 - 2004		
15.	-1		-1	<b>4:43.92</b> 545
		03 1:11.81		03 1:08.93
		03 1:22.84		04 1:00.34
16.				<b>4:47.67</b> 524
		03 1:10.64		03 1:09.68
		04 1:22.37		04 1:04.98
17.	-4		-4	<b>4:49.94</b> 512
		04 1:08.17		04 1:13.31
		04 1:24.51		03 1:03.95
18.				<b>4:51.42</b> 504
		03 1:11.42		03 1:12.85
		03 1:24.66		04 1:02.49
19.				<b>4:51.75</b> 503
		03 1:13.37		03 1:11.80
		03 1:18.75		03 1:07.83
20.				<b>4:51.94</b> 502
		03 1:15.91		03 1:19.42
		04 1:14.40		04 1:02.21
21.				<b>4:52.68</b> 498
		04 1:16.15		03 1:11.41
		03 1:18.37		03 1:06.75
22.	-2		-2	<b>4:52.85</b> 497
		03 1:14.49		03 1:12.36
		03 1:23.05		03 1:02.95
23.				<b>4:54.11</b> 491
		04 1:10.69		04 1:08.36
		03 1:27.64		03 1:07.42
24.				<b>4:54.41</b> 489
		03 1:15.18		03 1:18.62
		03 1:19.59		03 1:01.02
25.	-3		-3	<b>4:55.41</b> 484
		04 1:18.96		04 1:11.37
		03 1:20.29		04 1:04.79
26.				<b>4:56.90</b> 477
		03 1:15.61		03 1:14.14
		03 1:23.25		03 1:03.90
27.				<b>4:56.96</b> 477
		03 1:15.41		04 1:13.60
		03 1:21.96		03 1:05.99
28.				<b>4:57.40</b> 475
		03 1:18.31		03 1:14.27
		03 1:20.42		03 1:04.40
29.				<b>4:58.57</b> 469
		03 1:14.29		03 1:14.90
		03 1:23.60		03 1:05.78





**ВФП**

Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

20, , 4 x 100m , 2003 - 2004

30.					<b>5:01.55</b>	455
		03	1:13.26		03	1:11.69
		04	1:28.33		03	1:08.27
31.					<b>5:07.87</b>	428
		04	1:19.80		03	1:12.35
		03	1:27.09		03	1:08.63
32.					<b>5:08.10</b>	427
		03	1:15.64		03	1:16.68
		03	1:29.91		03	1:05.87
33.					<b>5:08.13</b>	427
		03	1:17.87		03	1:20.88
		03	1:23.45		04	1:05.93
34.					<b>5:08.99</b>	423
		03	1:18.64		03	1:16.74
		03	1:24.81		03	1:08.80
35.					<b>5:11.76</b>	412
		03	1:19.01		03	1:17.73
		03	1:25.01		03	1:10.01
36.					<b>5:16.93</b>	392
		03	1:18.27		03	1:24.80
		03	1:26.02		03	1:07.84
37.					<b>5:17.48</b>	390
		03	1:15.87		04	1:25.19
		03	1:25.11		03	1:11.31
38.	-			-	<b>5:27.39</b>	356
		04	1:19.95		04	1:27.03
		04	1:28.45		03	1:11.96
DSQ	-1			-1	<b>4:47.43</b>	
		03	1:12.77		03	1:11.13
		04	1:21.06		03	1:02.47
DSQ					<b>5:27.73</b>	
		03	1:18.55		04	1:35.13
		03	1:21.75		04	1:12.30







**ВФП**

Всероссийская  
Федерация  
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**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

21 , 4 x 100m 2001 - 2002  
10.12.2016 - 13:35

: FINA 2016

1.					<b>3:39.66</b>	629
	01	55.35			02	53.93
	02	56.52			01	53.86
2.					<b>3:40.05</b>	625
	01	54.48			01	55.08
	01	55.41			01	55.08
3.	-1			-1	<b>3:40.58</b>	621
	01	55.36			01	55.46
	01	56.26			02	53.50
4.					<b>3:41.17</b>	616
	01	54.10			01	56.62
	01	54.50			02	55.95
5.					<b>3:41.82</b>	611
	01	54.39			01	57.59
	01	55.82			01	54.02
6.	-2			-2	<b>3:41.97</b>	609
	01	54.81			02	58.94
	01	53.36			01	54.86
7.					<b>3:42.56</b>	605
	01	54.80			01	57.77
	01	56.51			01	53.48
8.	-1			-1	<b>3:43.86</b>	594
	01	56.42			01	56.53
	01	55.75			01	55.16
9.	-			-	<b>3:43.97</b>	593
	01	58.67			02	57.00
	02	54.25			01	54.05
10.					<b>3:44.21</b>	591
	02	57.21			01	57.47
	01	55.72			01	53.81
11.					<b>3:44.39</b>	590
	02	56.06			01	56.98
	02	56.30			01	55.05
12.					<b>3:44.49</b>	589
	01	54.69			01	59.38
	01	57.64			01	52.78
13.	-			-	<b>3:44.59</b>	588
	02	54.25			01	56.15
	01	58.04			01	56.15
14.					<b>3:44.87</b>	586
	01	55.04			01	57.32
	02	56.48			01	56.03





**ВФП**

Всероссийская  
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**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

21,	, 4 x 100m	,	2001 - 2002		
15.				<b>3:45.34</b>	582
	01	55.21		02	54.94
	02	1:00.37		01	54.82
16.				<b>3:45.40</b>	582
	02	55.24		01	57.28
	01	54.44		02	58.44
17.				<b>3:45.84</b>	579
	01	55.33		02	57.47
	01	57.80		01	55.24
18.				<b>3:47.35</b>	567
	01	56.35		02	56.77
	01	58.63		01	55.60
19.				<b>3:47.55</b>	566
	01	56.65		01	54.65
	01	1:00.71		02	55.54
20.	-4		-4	<b>3:49.30</b>	553
	01	56.51		02	59.32
	01	56.16		02	57.31
21.				<b>3:49.60</b>	551
	01	59.19		02	57.44
	01	55.71		01	57.26
22.				<b>3:50.39</b>	545
	01	58.05		02	59.91
	02	57.18		01	55.25
23.	-2		-2	<b>3:51.03</b>	540
	02	57.97		02	59.21
	01	57.77		01	56.08
				<b>3:51.03</b>	540
	01	59.08	-3	01	59.65
	01	55.28		01	57.02
25.				<b>3:51.10</b>	540
	01	57.66		01	59.19
	02	57.64		02	56.61
26.	-		-	<b>3:51.12</b>	540
	01	58.03		01	59.19
	02	56.97		02	56.93
				<b>3:51.12</b>	540
	01	54.62		01	57.75
	02	1:00.93		01	57.82
28.				<b>3:51.16</b>	540
	01	56.59		01	55.54
	01	1:01.05		01	57.98
29.	-3		-3	<b>3:51.47</b>	537
	01	58.15		01	58.54
	01	56.71		02	58.07



**ВФП**Всероссийская  
Федерация  
Плавания**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

21,	, 4 x 100m	,	2001 - 2002		
30.				<b>3:51.73</b>	536
	01	56.88		02	1:02.77
	01	55.36		01	56.72
31.				<b>3:51.91</b>	534
	01	54.66		01	1:00.42
	01	1:02.03		01	54.80
32.				<b>3:51.95</b>	534
	02	57.77		02	58.22
	01	59.96		01	56.00
33. Germany			Germany	<b>3:52.01</b>	534
STRITTER Luis Vincent	01	57.52	ENDERS Lennart	01	57.77
HELGET Max	01	55.98	DANILOV Christian	02	1:00.74
				<b>3:52.01</b>	534
	01	58.09		02	59.51
	01	56.77		02	57.64
35.				<b>3:53.25</b>	525
	01	56.89		02	1:01.00
	02	58.63		01	56.73
36.				<b>3:56.32</b>	505
	01	55.62		02	59.72
	02	1:02.68		01	58.30
37.				<b>3:57.97</b>	494
	01	1:01.27		01	57.69
	02	1:01.17		02	57.84
38.				<b>3:58.03</b>	494
	01	59.34		02	59.62
	02	1:01.10		01	57.97
39.				<b>4:01.37</b>	474
	02	59.28		01	59.54
	02	1:04.70		01	57.85
40.				<b>4:01.39</b>	474
	02	1:00.70		01	59.53
	01	1:01.18		01	59.98
41.				<b>4:05.07</b>	453
	01	59.22		01	1:00.02
	01	57.12		01	1:08.71
DSQ				<b>3:46.89</b>	
	01	56.33		01	56.84
	01	59.42		01	54.30
DSQ				<b>3:55.93</b>	
	01	57.83		01	59.63
	02	1:00.58		01	57.89
DSQ				<b>4:04.18</b>	
	01	1:02.78		01	57.84
	02	1:01.13		01	1:02.43





**ВФП**

Всероссийская  
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Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

22  
11.12.2016 - 10:00

, 50m

2003 - 2004

: FINA 2016

1.	2003			<b>27.22</b>	A	662
2.	2003			<b>27.25</b>	A	660
3.	2003		-	<b>27.55</b>	A	639
4.	2003			<b>27.67</b>	A I	630
5.	2003			<b>28.01</b>	A I	608
6.	2004			<b>28.04</b>	A I	606
7.	2003			<b>28.17</b>	A I	597
8.	2003			<b>28.21</b>	A I	595
9.	2003		-6	<b>28.34</b>	R I	587
10.	2004		-1	<b>28.40</b>	R I	583
11.	2003			<b>28.55</b>	I	574
12.	2003			<b>28.58</b>	I	572
13.	2004			<b>28.67</b>	I	567
14.	2003			<b>28.70</b>	I	565
15.	2004			<b>29.01</b>	II	547
16.	2004			<b>29.06</b>	II	544
17.	2004			<b>29.14</b>	II	540
18.	2003			<b>29.31</b>	II	530
19.	2003			<b>29.36</b>	II	527
20.	2003			<b>29.39</b>	II	526
21.	2003		-5	<b>29.45</b>	II	523
22.	2003			<b>29.49</b>	II	521
23.	2004		-3	<b>29.53</b>	II	518
24.	2003			<b>29.83</b>	II	503
25.	2003			<b>29.89</b>	II	500
26.	2004			<b>29.95</b>	II	497
	2003			<b>29.95</b>	II	497
28.	2003			<b>30.01</b>	II	494
29.	2003			<b>30.15</b>	II	487
30.	2003		-	<b>30.16</b>	II	487
31.	2004			<b>30.18</b>	II	486
32.	2004			<b>30.41</b>	II	475
33.	2003			<b>30.42</b>	II	474
34.	2003			<b>30.45</b>	II	473
35.	2003			<b>30.46</b>	II	472
36.	2003			<b>30.83</b>	II	456
37.	2004			<b>31.13</b>	II	442
38.	2004			<b>31.41</b>	II	431
39.	2003			<b>31.57</b>	III	424
40.	2004			<b>32.99</b>	III	372
41.	2004			<b>33.16</b>	III	366
42.	2004			<b>33.35</b>	III	360





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

23  
11.12.2016 - 10:05

, 50m

2003 - 2004

: FINA 2016

1.		2003	-	-	<b>31.24</b>	A	649
2.		2003			<b>31.26</b>	A	648
3.		2003			<b>31.45</b>	A	636
4.	WIECZOREK Rieke	2003	Germany		<b>31.48</b>	A	635
5.		2004		-4	<b>31.70</b>	A	622
		2004			<b>31.70</b>	A	622
7.		2003			<b>31.74</b>	A	619
8.		2004			<b>32.01</b>	A	604
9.		2003			<b>32.30</b>	R	587
10.		2004	I		<b>32.34</b>	R	585
11.		2004			<b>32.45</b>	I	579
12.		2003			<b>32.49</b>	I	577
13.		2003			<b>32.69</b>	I	567
14.		2003			<b>32.75</b>	I	564
15.		2003	I		<b>32.76</b>	I	563
16.		2003			<b>32.85</b>	I	558
17.		2004			<b>33.00</b>	I	551
18.		2003			<b>33.14</b>	I	544
19.		2003			<b>33.18</b>	I	542
20.		2003	I		<b>33.49</b>	I	527
21.		2003	I	-3	<b>33.59</b>	I	522
22.		2003	I		<b>33.71</b>	I	517
23.		2003	I		<b>33.99</b>	I	504
24.		2003	I		<b>34.08</b>	II	500
25.		2004	I		<b>34.10</b>	II	499
26.		2004	I		<b>34.14</b>	II	497
27.		2004	I		<b>34.37</b>	II	488
28.		2003	I		<b>34.59</b>	II	478
29.		2003	I		<b>34.61</b>	II	477
30.		2003			<b>34.81</b>	II	469
31.		2003			<b>34.90</b>	II	466
32.		2003			<b>35.18</b>	II	455
33.		2003	I		<b>35.22</b>	II	453
34.		2004	I		<b>36.06</b>	II	422
35.		2004	II		<b>36.35</b>	II	412
36.		2003	I	-	<b>36.42</b>	II	410
37.		2004	I		<b>37.54</b>	III	374
38.		2004	I		<b>44.70</b>	1	221





**ВФП**

Всероссийская  
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Плавания



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

24

, 100m

2001 - 2002

11.12.2016 - 10:15

: FINA 2016

1.	2001			<b>59.26</b>	673
2.	2001	-1		<b>59.31</b>	671
3.	2001			<b>1:00.03</b>	647
4.	2001			<b>1:00.32</b>	638
5.	2001	-	-	<b>1:00.53</b>	631
6.	2001			<b>1:01.32</b>	607
7.	2001			<b>1:01.66</b>	597
8.	2001			<b>1:01.74</b>	595
	2001	-		<b>1:01.74</b>	595
10.	2001			<b>1:01.76</b>	594
11.	2001			<b>1:01.81</b>	593
12.	2002			<b>1:02.28</b>	580
13.	2002			<b>1:02.47</b>	574
14.	2001			<b>1:02.52</b>	573
15.	2001			<b>1:02.59</b>	571
16.	2002			<b>1:02.77</b>	566
17.	2002			<b>1:02.78</b>	566
18.	2001			<b>1:02.83</b>	564
19.	2001			<b>1:03.19</b>	555
20.	2001	-		<b>1:03.34</b>	551
21.	2001			<b>1:03.45</b>	548
22.	2002			<b>1:03.54</b>	546
23.	2001			<b>1:03.56</b>	545
24.	2001			<b>1:03.97</b>	535
25.	2001			<b>1:04.01</b>	534
26.	2001			<b>1:04.16</b>	530
27.	2001	-2		<b>1:04.19</b>	529
28.	2001			<b>1:04.29</b>	527
29.	2001			<b>1:04.50</b>	522
30.	2002		-2	<b>1:04.61</b>	519
31.	2001			<b>1:04.73</b>	516
	2002			<b>1:04.73</b>	516
33.	2001			<b>1:04.74</b>	516
34.	STRITTER Luis Vincent	2001	Germany	<b>1:04.78</b>	515
35.		2002		<b>1:04.90</b>	512
36.		2001		<b>1:04.91</b>	512
37.		2001		<b>1:05.03</b>	509
38.		2002		<b>1:05.16</b>	506
39.		2001		<b>1:05.25</b>	504
40.		2001	-	<b>1:05.50</b>	498
41.		2002		<b>1:05.60</b>	496
42.		2002		<b>1:05.63</b>	495
43.		2002	1 -	<b>1:07.01</b>	465
44.		2001		<b>1:10.13</b>	406





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 - 11.12.2016 .

24,

, 100m

2001 - 2002

DSQ

2001 I

1:09.16 II



"SWISS TIMING"

" 50 .

**SAMSUNG**





**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**

Александра Попова

, 08.12 -11.12.2016 .

25  
11.12.2016 - 10:20

, 100m

2003 - 2004

: FINA 2016

1.	2004			<b>1:13.86</b>	661
2.	2003			<b>1:14.22</b>	651
3.	2003			<b>1:15.30</b>	624
4.	2003			<b>1:16.03</b>	606
5.	2003			<b>1:16.92</b>	585
6.	2004			<b>1:17.23</b>	578
7.	2003			<b>1:17.32</b>	576
8.	2003			<b>1:17.57</b>	570
9.	2004			<b>1:17.69</b>	568
10.	2004			<b>1:17.79</b>	566
11.	2003		-3	<b>1:17.80</b>	565
12.	2003		-2	<b>1:17.85</b>	564
13.	2003		-6	<b>1:18.17</b>	557
14.	2003			<b>1:18.32</b>	554
15.	2003			<b>1:18.42</b>	552
16.	2003			<b>1:18.44</b>	552
17.	2003			<b>1:19.17</b>	536
18.	2003			<b>1:19.28</b>	534
19.	2003		-	<b>1:19.37</b>	532
20.	2004		-3	<b>1:20.02</b>	520
21.	2004		-1	<b>1:20.17</b>	517
22.	2003			<b>1:20.35</b>	513
23.	2004		-	<b>1:20.43</b>	512
24.	2003		-3	<b>1:20.46</b>	511
25.	2003			<b>1:20.63</b>	508
26.	2003		-2	<b>1:21.35</b>	494
27.	2003			<b>1:21.57</b>	490
28.	2004			<b>1:21.82</b>	486
29.	2003			<b>1:22.68</b>	471
30.	2003			<b>1:23.31</b>	460
31.	2003			<b>1:23.71</b>	454
32.	2003			<b>1:24.08</b>	448
33.	2003			<b>1:24.15</b>	447
34.	2004		-	<b>1:24.92</b>	435
35.	2004			<b>1:25.34</b>	428
36.	2004			<b>1:25.99</b>	419
37.	2003			<b>1:26.08</b>	417
38.	2003			<b>1:27.34</b>	399
39.	2004		-	<b>1:27.57</b>	396
40.	2004			<b>1:28.85</b>	379
sick	2004				







**ВФП**

Всероссийская  
Федерация  
Плавания



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

26  
11.12.2016 - 10:30

, 200m

2001 - 2002

: FINA 2016

1.	100m: 1:10.07	1:10.07	200m: 2:21.65	1:11.58		<b>2:21.65</b>	720
2.	100m: 1:10.42	1:10.42	200m: 2:23.69	1:13.27		<b>2:23.69</b>	690
3.	100m: 1:09.85	1:09.85	200m: 2:23.92	1:14.07		<b>2:23.92</b>	687
4.	100m: 1:10.71	1:10.71	200m: 2:26.75	1:16.04		<b>2:26.75</b>	648
5.	100m: 1:11.05	1:11.05	200m: 2:26.96	1:15.91		<b>2:26.96</b>	645
6.	100m: 1:13.25	1:13.25	200m: 2:28.27	1:15.02		<b>2:28.27</b>	628
7.	100m: 1:10.85	1:10.85	200m: 2:28.54	1:17.69		<b>2:28.54</b>	625
8.	100m: 1:12.49	1:12.49	200m: 2:29.98	1:17.49		<b>2:29.98</b>	607
9.	100m: 1:12.19	1:12.19	200m: 2:30.65	1:18.46		<b>2:30.65</b>	599
10.	100m: 1:12.30	1:12.30	200m: 2:30.72	1:18.42	-3	<b>2:30.72</b>	598
11.	100m: 1:12.10	1:12.10	200m: 2:30.85	1:18.75	-6	<b>2:30.85</b>	596
12.	100m: 1:12.15	1:12.15	200m: 2:30.99	1:18.84		<b>2:30.99</b>	595
13.	100m: 1:14.55	1:14.55	200m: 2:31.28	1:16.73		<b>2:31.28</b>	591
14.	100m: 1:14.31	1:14.31	200m: 2:32.13	1:17.82	-1	<b>2:32.13</b>	581
15.	100m: 1:12.54	1:12.54	200m: 2:32.55	1:20.01		<b>2:32.55</b>	577
16.	100m: 1:14.44	1:14.44	200m: 2:32.72	1:18.28		<b>2:32.72</b>	575
17.	100m: 1:15.25	1:15.25	200m: 2:32.76	1:17.51	-	<b>2:32.76</b>	574
18.	100m: 1:14.47	1:14.47	200m: 2:32.83	1:18.36	-3	<b>2:32.83</b>	573
19.	100m: 1:14.41	1:14.41	200m: 2:33.67	1:19.26		<b>2:33.67</b>	564





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

26,		, 200m		, 2001 - 2002					
20.				2002	I	-2	<b>2:33.82</b>	I	562
	100m:	1:14.47	1:14.47	200m:	2:33.82	1:19.35			
21.				2002	I		<b>2:33.88</b>	I	562
	100m:	1:12.99	1:12.99	200m:	2:33.88	1:20.89			
22.				2002			<b>2:35.04</b>	I	549
	100m:	1:13.11	1:13.11	200m:	2:35.04	1:21.93			
23.				2001	I		<b>2:35.87</b>	I	541
	100m:	1:12.08	1:12.08	200m:	2:35.87	1:23.79			
24.				2001			<b>2:35.90</b>	I	540
	100m:	1:13.76	1:13.76	200m:	2:35.90	1:22.14			
25.				2001			<b>2:35.92</b>	I	540
	100m:	1:14.79	1:14.79	200m:	2:35.92	1:21.13			
26.				2001	I		<b>2:36.53</b>	I	534
	100m:	1:15.04	1:15.04	200m:	2:36.53	1:21.49			
27.				2001			<b>2:37.30</b>	I	526
	100m:	1:14.84	1:14.84	200m:	2:37.30	1:22.46			
28.				2001			<b>2:37.53</b>	I	524
	100m:	1:13.64	1:13.64	200m:	2:37.53	1:23.89			
29.				2002	I		<b>2:38.98</b>	I	509
	100m:	1:17.41	1:17.41	200m:	2:38.98	1:21.57			
30.				2002	I		<b>2:39.67</b>	I	503
	100m:	1:16.70	1:16.70	200m:	2:39.67	1:22.97			
31.				2001	I		<b>2:41.84</b>	II	483
	100m:	1:18.84	1:18.84	200m:	2:41.84	1:23.00			
32.				2002	I		<b>2:42.70</b>	II	475
	100m:	1:15.05	1:15.05	200m:	2:42.70	1:27.65			
33.				2001	I		<b>2:44.54</b>	II	459
	100m:	1:17.93	1:17.93	200m:	2:44.54	1:26.61			
34.				2001	I		<b>2:45.26</b>	II	453
	100m:	1:18.15	1:18.15	200m:	2:45.26	1:27.11			
35.				2001	I		<b>2:48.11</b>	II	431
	100m:	1:19.04	1:19.04	200m:	2:48.11	1:29.07			
36.				2002	I		<b>3:00.16</b>	III	350
	100m:	1:24.73	1:24.73	200m:	3:00.16	1:35.43			





**ВФП**

Всероссийская  
Федерация  
Плаванья



**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

27

, 100m

2003 - 2004

11.12.2016 - 10:45

: FINA 2016

1.		2004		<b>1:00.36</b>	783
2.	KLEYBOLDT Rosalie Viktoria	2003	Germany	<b>1:03.41</b>	675
3.		2003		<b>1:03.51</b>	672
4.		2003		<b>1:05.09</b>	624
5.		2003	-2	<b>1:07.31</b>	564
6.		2003		<b>1:08.09</b>	545
7.		2003	I	<b>1:08.19</b>	543
8.		2004	I -2	<b>1:08.28</b>	541
9.		2004		<b>1:09.02</b>	523
10.		2003	I	<b>1:09.06</b>	522
11.		2003	I	<b>1:09.40</b>	515
12.		2003	I	<b>1:09.62</b>	510
13.		2003	I	<b>1:11.18</b>	477
14.		2003	I	<b>1:11.47</b>	471
15.		2003	I	<b>1:11.48</b>	471
16.		2003	I	<b>1:14.90</b>	409
17.		2003	I	<b>1:21.28</b>	320
DSQ		2004	I -4	<b>1:12.56</b>	II



" 50 .

"SWISS TIMING"

SAMSUNG



**ВФП**Всероссийская  
Федерация  
Плаванья**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

28  
11.12.2016 - 10:50

, 200m

2001 - 2002

: FINA 2016

1.	100m: 59.88 59.88	200m: 2:07.91 1:08.03	2001		<b>2:07.91</b>	662
2.	100m: 1:02.64 1:02.64	200m: 2:09.25 1:06.61	2001		<b>2:09.25</b>	642
3.	100m: 1:01.06 1:01.06	200m: 2:10.34 1:09.28	2001	-1	<b>2:10.34</b>	626
4.	100m: 1:01.74 1:01.74	200m: 2:10.69 1:08.95	2001	-2	<b>2:10.69</b>	621
5.	100m: 59.36 59.36	200m: 2:14.06 1:14.70	2001		<b>2:14.06</b>	I 575
6.	100m: 1:04.75 1:04.75	200m: 2:16.16 1:11.41	2001		<b>2:16.16</b>	I 549
7.	100m: 1:06.46 1:06.46	200m: 2:16.36 1:09.90	2001		<b>2:16.36</b>	I 546
8.	100m: 1:04.10 1:04.10	200m: 2:17.22 1:13.12	2002	I	<b>2:17.22</b>	I 536
9.	ENDERS Lennart	200m: 2:17.68 1:12.37	2001	Germany	<b>2:17.68</b>	I 531
10.	100m: 1:06.63 1:06.63	200m: 2:17.99 1:11.36	2001		<b>2:17.99</b>	I 527
11.	100m: 1:04.02 1:04.02	200m: 2:21.50 1:17.48	2002		<b>2:21.50</b>	I 489
12.	100m: 1:05.23 1:05.23	200m: 2:23.99 1:18.76	2001		<b>2:23.99</b>	II 464
13.	100m: 1:08.96 1:08.96	200m: 2:26.72 1:17.76	2001	I	<b>2:26.72</b>	II 439
14.	100m: 1:10.10 1:10.10	200m: 2:28.16 1:18.06	2002	I	<b>2:28.16</b>	II 426
15.	100m: 1:03.78 1:03.78	200m: 2:30.70 1:26.92	2001	-	<b>2:30.70</b>	II 405
16.	100m: 1:08.60 1:08.60	200m: 2:32.66 1:24.06	2001	I	<b>2:32.66</b>	II 389



**ВФП**Всероссийская  
Федерация  
Плаванья**КУБОК**  
Александра Попова

, 08.12 -11.12.2016 .

29  
11.12.2016 - 10:55

, 400m

2003 - 2004

: FINA 2016

1.			2003						<b>4:27.51</b>	707		
	100m:	1:04.97	1:04.97	200m:	2:14.34	1:09.37	300m:	3:21.62	1:07.28	400m:	4:27.51	1:05.89
2.			2003						<b>4:30.24</b>	686		
	100m:	1:05.88	1:05.88	200m:	2:14.61	1:08.73	300m:	3:22.63	1:08.02	400m:	4:30.24	1:07.61
3.			2003						<b>4:34.12</b>	657		
	100m:	1:05.55	1:05.55	200m:	2:15.81	1:10.26	300m:	3:25.43	1:09.62	400m:	4:34.12	1:08.69
4.	AZIROVIC Nina Sophie		2003	Germany					<b>4:34.40</b>	655		
	100m:	1:04.65	1:04.65	200m:	2:14.78	1:10.13	300m:	3:24.65	1:09.87	400m:	4:34.40	1:09.75
5.			2003						<b>4:39.41</b>	620		
	100m:	1:06.72	1:06.72	200m:	2:17.84	1:11.12	300m:	3:29.06	1:11.22	400m:	4:39.41	1:10.35
6.			2004						<b>4:40.81</b>	611		
	100m:	1:07.70	1:07.70	200m:	2:19.38	1:11.68	300m:	3:30.89	1:11.51	400m:	4:40.81	1:09.92
7.			2004						<b>4:43.41</b>	594		
	100m:	1:09.08	1:09.08	200m:	2:20.39	1:11.31	300m:	3:32.80	1:12.41	400m:	4:43.41	1:10.61
8.			2003						<b>4:44.05</b>	590		
	100m:	1:07.69	1:07.69	200m:	2:20.22	1:12.53	300m:	3:33.08	1:12.86	400m:	4:44.05	1:10.97
9.			2003						<b>4:45.59</b>	581		
	100m:	1:07.46	1:07.46	200m:	2:20.55	1:13.09	300m:	3:34.03	1:13.48	400m:	4:45.59	1:11.56
10.			2003						<b>4:46.34</b>	576		
	100m:	1:06.64	1:06.64	200m:	2:19.15	1:12.51	300m:	3:33.65	1:14.50	400m:	4:46.34	1:12.69
11.			2003						<b>4:46.65</b>	575		
	100m:	1:07.82	1:07.82	200m:	2:19.86	1:12.04	300m:	3:33.55	1:13.69	400m:	4:46.65	1:13.10
12.			2003						<b>4:48.79</b>	562		
	100m:	1:08.47	1:08.47	200m:	2:22.38	1:13.91	300m:	3:36.25	1:13.87	400m:	4:48.79	1:12.54
13.			2003						<b>4:49.29</b>	559		
	100m:	1:10.12	1:10.12	200m:	2:24.34	1:14.22	300m:	3:37.83	1:13.49	400m:	4:49.29	1:11.46
14.			2003						<b>4:49.85</b>	556		
	100m:	1:08.25	1:08.25	200m:	2:22.81	1:14.56	300m:	3:36.51	1:13.70	400m:	4:49.85	1:13.34
15.			2003						<b>4:50.28</b>	553		
	100m:	1:10.52	1:10.52	200m:	2:25.35	1:14.83	300m:	3:40.40	1:15.05	400m:	4:50.28	1:09.88
16.			2003						<b>4:50.73</b>	551		
	100m:	1:08.24	1:08.24	200m:	2:21.61	1:13.37	300m:	3:36.41	1:14.80	400m:	4:50.73	1:14.32
17.			2004						<b>4:51.36</b>	547		
	100m:	1:10.21	1:10.21	200m:	2:24.74	1:14.53	300m:	3:38.70	1:13.96	400m:	4:51.36	1:12.66
18.			2004						<b>4:51.79</b>	545		
	100m:	1:07.74	1:07.74	200m:	2:22.81	1:15.07	300m:	3:38.58	1:15.77	400m:	4:51.79	1:13.21
19.			2003						<b>4:52.19</b>	542		
	100m:	1:08.71	1:08.71	200m:	2:23.59	1:14.88	300m:	3:40.70	1:17.11	400m:	4:52.19	1:11.49



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Александра Попова

, 08.12 -11.12.2016 .

29,	, 400m	,	2003 - 2004
20.			2003   <b>4:52.30</b>   542
100m:	1:10.16 1:10.16	200m:	2:26.26 1:16.10 300m: 3:41.52 1:15.26 400m: 4:52.30 1:10.78
21.			2004   <b>4:52.89</b>   539
100m:	1:11.25 1:11.25	200m:	2:27.26 1:16.01 300m: 3:43.12 1:15.86 400m: 4:52.89 1:09.77
22.			2003   -2 <b>4:52.92</b>   538
100m:	1:08.36 1:08.36	200m:	2:23.89 1:15.53 300m: 3:39.67 1:15.78 400m: 4:52.92 1:13.25
23.			2003 <b>4:53.93</b>   533
100m:	1:08.53 1:08.53	200m:	2:23.36 1:14.83 300m: 3:40.13 1:16.77 400m: 4:53.93 1:13.80
24.			2004   -3 <b>4:54.09</b>   532
100m:	1:10.45 1:10.45	200m:	2:26.90 1:16.45 300m: 3:41.58 1:14.68 400m: 4:54.09 1:12.51
25.			2003 -2 <b>4:54.44</b>   530
100m:	1:08.73 1:08.73	200m:	2:23.82 1:15.09 300m: 3:39.60 1:15.78 400m: 4:54.44 1:14.84
26.			2003 <b>4:56.00</b>   522
100m:	1:09.04 1:09.04	200m:	2:24.03 1:14.99 300m: 3:40.59 1:16.56 400m: 4:56.00 1:15.41
27.			2003   -4 <b>4:57.04</b>   516
100m:	1:08.36 1:08.36	200m:	2:24.42 1:16.06 300m: 3:41.38 1:16.96 400m: 4:57.04 1:15.66
28.			2004   <b>4:57.72</b>   513
100m:	1:10.55 1:10.55	200m:	2:26.83 1:16.28 300m: 3:43.00 1:16.17 400m: 4:57.72 1:14.72
29.			2003   <b>4:58.55</b>   508
100m:	1:11.68 1:11.68	200m:	2:28.46 1:16.78 300m: 3:45.20 1:16.74 400m: 4:58.55 1:13.35
30.			2003   <b>4:58.68</b>   508
100m:	1:11.76 1:11.76	200m:	2:28.80 1:17.04 300m: 3:45.78 1:16.98 400m: 4:58.68 1:12.90
31.			2003   <b>4:59.23</b>   505
100m:	1:11.10 1:11.10	200m:	2:27.63 1:16.53 300m: 3:44.84 1:17.21 400m: 4:59.23 1:14.39
32.			2003 <b>4:59.55</b>   503
100m:	1:11.62 1:11.62	200m:	2:28.56 1:16.94 300m: 3:45.11 1:16.55 400m: 4:59.55 1:14.44
33.			2003   <b>4:59.83</b>   502
100m:	1:12.17 1:12.17	200m:	2:29.03 1:16.86 300m: 3:45.58 1:16.55 400m: 4:59.83 1:14.25
34.			2003   <b>5:00.24</b>   500
100m:	1:11.54 1:11.54	200m:	2:27.94 1:16.40 300m: 3:44.51 1:16.57 400m: 5:00.24 1:15.73
35.			2003   <b>5:02.34</b>   490
100m:	1:09.84 1:09.84	200m:	2:27.02 1:17.18 300m: 3:45.26 1:18.24 400m: 5:02.34 1:17.08
36.			2003   <b>5:03.42</b>    484
100m:	1:12.70 1:12.70	200m:	2:30.59 1:17.89 300m: 3:48.88 1:18.29 400m: 5:03.42 1:14.54
37.			2003 <b>5:11.44</b>    448
38.			2003   <b>5:18.49</b>    419
100m:	1:15.68 1:15.68	200m:	2:37.84 1:22.16 300m: 4:00.45 1:22.61 400m: 5:18.49 1:18.04
39.			2003   <b>5:18.84</b>    417
100m:	1:14.40 1:14.40	200m:	2:35.28 1:20.88 300m: 3:59.32 1:24.04 400m: 5:18.84 1:19.52
40.			2003   <b>5:22.78</b>    402
100m:	1:14.73 1:14.73	200m:	2:39.15 1:24.42 300m: 4:03.88 1:24.73 400m: 5:22.78 1:18.90





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, 08.12 - 11.12.2016 .

29, , 400m , 2003 - 2004

41.				2003	II				<b>5:28.07</b>	II	383	
	100m:	1:15.60	1:15.60	200m:	2:39.63	1:24.03	300m:	4:04.71	1:25.08	400m:	5:28.07	1:23.36
42.				2003	I		-		<b>5:51.03</b>	III	313	
	100m:	1:17.38	1:17.38	200m:	2:47.71	1:30.33	300m:	4:19.56	1:31.85	400m:	5:51.03	1:31.47





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Александра Попова

, 08.12 - 11.12.2016 .

30  
11.12.2016 - 11:20

, 100m

2001 - 2002

: FINA 2016

1.	2001				<b>52.00</b>	734
2.	2002	-			<b>52.96</b>	694
3.	2001				<b>53.02</b>	692
4.	2001				<b>53.57</b>	671
5.	2001				<b>53.92</b>	658
6.	2001				<b>53.94</b>	657
7.	2001	-2			<b>54.05</b>	653
8.	2001	-	-		<b>54.41</b>	640
9.	2001				<b>54.43</b>	640
10.	2002	-	-		<b>54.44</b>	639
11.	2002		-1		<b>54.51</b>	637
12.	2001				<b>54.52</b>	636
13.	2001				<b>54.53</b>	636
14.	2001				<b>54.56</b>	635
15.	2001				<b>54.69</b>	631
16.	2001				<b>54.71</b>	630
17.	2001				<b>54.74</b>	629
18.	2001				<b>54.78</b>	627
19.	2001				<b>54.84</b>	625
20.	2001				<b>54.87</b>	624
21.	2001	-			<b>54.91</b>	623
22.	2002				<b>54.95</b>	622
23.	2001				<b>54.98</b>	621
24.	2001				<b>55.01</b>	620
25.	2001				<b>55.05</b>	618
26.	2002				<b>55.09</b>	617
	2001				<b>55.09</b>	617
28.	2001		-3		<b>55.20</b>	613
29.	2001		-2		<b>55.24</b>	612
	2001		-2		<b>55.24</b>	612
31.	2001				<b>55.27</b>	611
32.	2001				<b>55.31</b>	610
33.	2001				<b>55.34</b>	609
34.	2001				<b>55.37</b>	608
35.	2001		-1		<b>55.46</b>	605
36.	2002				<b>55.47</b>	604
	2001		-	-	<b>55.47</b>	604
38.	2001				<b>55.52</b>	603
39.	2001				<b>55.54</b>	602
40.	2001				<b>55.67</b>	598
41.	2001				<b>55.69</b>	597
42.	2001				<b>55.74</b>	596
43.	2002				<b>55.75</b>	595
44.	2001				<b>55.80</b>	594







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Александра Попова

, 08.12 -11.12.2016 .

	30,	, 100m		2001 - 2002		
45.			2001		55.86	592
46.			2001	-2	55.93	590
47.			2001		56.00	587
			2001		56.00	587
49.			2001		56.06	585
			2001		56.06	585
51.			2001	-1	56.10	584
			2001		56.10	584
53.			2001		56.11	584
54.			2001	-4	56.14	583
			2001		56.14	583
56.			2001		56.20	581
57.			2002		56.24	580
58.			2002		56.38	575
59.			2002		56.40	575
60.			2001		56.48	572
61.			2001		56.52	571
62.			2001	-3	56.55	570
			2002		56.55	570
64.			2002		56.57	570
65.			2002		56.65	567
66.			2001	-4	56.73	565
67.			2001		56.79	563
			2001		56.79	563
69.			2001		56.82	562
70.			2002	-2	56.85	561
71.			2001		56.86	561
72.			2002	-	56.88	560
73.			2001		56.91	560
74.			2001	-1	56.98	557
			2002		56.98	557
76.			2002		57.12	553
77.			2002		57.15	553
78.			2001		57.16	552
79.			2001		57.17	552
80.			2002		57.27	549
81.			2001		57.36	546
82.			2001		57.52	542
			2001		57.52	542
84.			2001		57.53	542
85.			2001		57.56	541
86.			2001		57.66	538
87.			2002		57.76	535
88.			2001	-	57.77	535
89.			2002		57.82	534
90.			2002	-	57.88	532



" 50 .

"SWISS TIMING"

SAMSUNG



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Александра Попова

, 08.12 -11.12.2016 .

30,	, 100m		2001 - 2002		
91.		2002	I		57.94   530
92.		2001		-3	57.95   530
93.		2001	I		57.96   530
94.		2001			58.08   526
95.		2001	I		58.28   521
96.		2002			58.39   518
97.		2001	I		58.42   517
		2001			58.42   517
99.		2002	I	-3	58.52   515
100.		2002		-2	58.53   514
101.		2002	I	-4	58.59   513
102.		2001	II	-3	58.76   508
		2002	I		58.76   508
104.		2002	I	-	58.79   508
		2001	I		58.79   508
106.		2001	I		58.88 II 505
107.		2002	I		58.91 II 504
108.		2001	I		59.01 II 502
109.		2001	I	-	59.16 II 498
110.		2002	I		59.27 II 495
111.		2001	I		59.34 II 494
112.		2002	I		59.35 II 493
113.		2001	I		59.54 II 489
114.		2001	I		59.73 II 484
115.	DANILOV Christian	2002		Germany	59.80 II 482
116.		2002	I		59.85 II 481
117.		2001	I		1:00.02 II 477
118.		2002	I		1:00.21 II 472
119.		2001	I		1:00.36 II 469
		2001	I		1:00.36 II 469
121.		2002	I		1:03.14 II 410
122.		2001	I		1:03.80 II 397





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Александра Попова

, 08.12 -11.12.2016 .

31  
11.12.2016 - 11:45

, 200m

2001 - 2002

: FINA 2016

1.	100m: 1:00.73	1:00.73	200m: 2:10.50	1:09.77		<b>2:10.50</b>	666
2.	100m: 1:01.54	1:01.54	200m: 2:13.23	1:11.69		<b>2:13.23</b>	626
3.	100m: 1:01.44	1:01.44	200m: 2:13.33	1:11.89	-1	<b>2:13.33</b>	625
4.	100m: 1:02.41	1:02.41	200m: 2:14.69	1:12.28		<b>2:14.69</b>	606
5.	100m: 59.89	59.89	200m: 2:15.54	1:15.65		<b>2:15.54</b>	594
6.	100m: 1:05.21	1:05.21	200m: 2:15.78	1:10.57	-2	<b>2:15.78</b>	591
7.	100m: 1:02.09	1:02.09	200m: 2:16.57	1:14.48		<b>2:16.57</b>	581
8.	100m: 1:03.99	1:03.99	200m: 2:16.80	1:12.81	-4	<b>2:16.80</b>	578
9.	100m: 1:04.46	1:04.46	200m: 2:17.06	1:12.60		<b>2:17.06</b>	575
10.	100m: 1:05.69	1:05.69	200m: 2:17.71	1:12.02		<b>2:17.71</b>	I 567
11.	100m: 1:03.09	1:03.09	200m: 2:17.89	1:14.80	-1	<b>2:17.89</b>	I 565
12.	100m: 1:04.07	1:04.07	200m: 2:18.20	1:14.13		<b>2:18.20</b>	I 561
13.	HELGET Max 100m: 1:04.84	1:04.84	200m: 2:18.40	1:13.56		<b>2:18.40</b>	I 558
14.	100m: 1:03.98	1:03.98	200m: 2:18.77	1:14.79		<b>2:18.77</b>	I 554
15.	100m: 1:04.41	1:04.41	200m: 2:18.98	1:14.57		<b>2:18.98</b>	I 551
16.	100m: 1:03.27	1:03.27	200m: 2:19.84	1:16.57		<b>2:19.84</b>	I 541
17.	100m: 1:06.16	1:06.16	200m: 2:20.12	1:13.96	-3	<b>2:20.12</b>	I 538
18.	100m: 1:06.46	1:06.46	200m: 2:21.39	1:14.93		<b>2:21.39</b>	I 524
19.	100m: 1:06.01	1:06.01	200m: 2:21.41	1:15.40		<b>2:21.41</b>	I 523





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Александра Попова

, 08.12 -11.12.2016 .

31,		, 200m		, 2001 - 2002				
20.				2001	-6	<b>2:22.68</b>		510
100m:	1:06.60	1:06.60	200m:	2:22.68	1:16.08			
21.				2001		<b>2:23.01</b>		506
100m:	1:06.51	1:06.51	200m:	2:23.01	1:16.50			
22.				2001		<b>2:23.67</b>		499
100m:	1:06.62	1:06.62	200m:	2:23.67	1:17.05			
23.				2001	-6	<b>2:24.17</b>		494
100m:	1:07.93	1:07.93	200m:	2:24.17	1:16.24			
24.				2001	-	<b>2:26.04</b>		475
100m:	1:06.99	1:06.99	200m:	2:26.04	1:19.05			
25.				2001		<b>2:26.60</b>		470
100m:	1:09.58	1:09.58	200m:	2:26.60	1:17.02			
26.				2001		<b>2:26.92</b>		467
100m:	1:10.50	1:10.50	200m:	2:26.92	1:16.42			
27.				2001		<b>2:26.98</b>		466
100m:	1:10.03	1:10.03	200m:	2:26.98	1:16.95			
28.				2002		<b>2:27.07</b>		465
100m:	1:08.63	1:08.63	200m:	2:27.07	1:18.44			
29.				2002		<b>2:28.04</b>		456
100m:	1:11.91	1:11.91	200m:	2:28.04	1:16.13			
30.				2001		<b>2:28.12</b>		455
100m:	1:10.59	1:10.59	200m:	2:28.12	1:17.53			
31.				2002		<b>2:29.88</b>		440
100m:	1:10.08	1:10.08	200m:	2:29.88	1:19.80			
32.				2002	-	<b>2:31.54</b>		425
100m:	1:11.43	1:11.43	200m:	2:31.54	1:20.11			
33.				2002		<b>2:35.12</b>		396
100m:	1:11.21	1:11.21	200m:	2:35.12	1:23.91			
34.				2001		<b>2:37.78</b>		377
100m:	1:14.33	1:14.33	200m:	2:37.78	1:23.45			





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Александра Попова

, 08.12 -11.12.2016 .

32  
11.12.2016 - 12:00

, 200m

2003 - 2004

: FINA 2016

1.				2004			<b>2:25.23</b>	654
	100m:	1:06.60	1:06.60	200m:	2:25.23	1:18.63		
2.				2003			<b>2:29.54</b>	599
	100m:	1:11.84	1:11.84	200m:	2:29.54	1:17.70		
3.				2003		-1	<b>2:29.68</b>	598
	100m:	1:10.86	1:10.86	200m:	2:29.68	1:18.82		
4.	VOLZ Anna Fiona			2003		Germany	<b>2:29.91</b>	595
	100m:	1:11.36	1:11.36	200m:	2:29.91	1:18.55		
5.				2003		-	<b>2:30.93</b>	583
	100m:	1:13.12	1:13.12	200m:	2:30.93	1:17.81		
6.				2003			<b>2:31.04</b>	582
	100m:	1:08.61	1:08.61	200m:	2:31.04	1:22.43		
7.				2003			<b>2:31.05</b>	582
	100m:	1:08.15	1:08.15	200m:	2:31.05	1:22.90		
8.				2003			<b>2:32.13</b>	569
	100m:	1:10.51	1:10.51	200m:	2:32.13	1:21.62		
				2003	I	-3	<b>2:32.13</b>	569
	100m:	1:11.22	1:11.22	200m:	2:32.13	1:20.91		
10.				2003		-1	<b>2:32.57</b>	564
	100m:	1:11.10	1:11.10	200m:	2:32.57	1:21.47		
11.				2004			<b>2:32.64</b>	564
	100m:	1:12.77	1:12.77	200m:	2:32.64	1:19.87		
12.				2003			<b>2:32.66</b>	563
	100m:	1:12.27	1:12.27	200m:	2:32.66	1:20.39		
13.				2003			<b>2:32.98</b>	560
	100m:	1:09.14	1:09.14	200m:	2:32.98	1:23.84		
14.				2003		-2	<b>2:33.28</b>	557
	100m:	1:12.72	1:12.72	200m:	2:33.28	1:20.56		
15.				2003			<b>2:34.57</b>	I 543
	100m:	1:10.95	1:10.95	200m:	2:34.57	1:23.62		
16.				2003			<b>2:35.76</b>	I 530
	100m:	1:14.59	1:14.59	200m:	2:35.76	1:21.17		
17.				2004	I		<b>2:36.01</b>	I 528
	100m:	1:13.81	1:13.81	200m:	2:36.01	1:22.20		
18.				2003			<b>2:36.20</b>	I 526
	100m:	1:15.22	1:15.22	200m:	2:36.20	1:20.98		
19.				2004			<b>2:36.46</b>	I 523
	100m:	1:12.87	1:12.87	200m:	2:36.46	1:23.59		



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32, , 200m ,		2003 - 2004	
20.		2003	<b>2:37.61</b>   512
100m:	1:13.33 1:13.33	200m:	2:37.61 1:24.28
21.		2004   -3	<b>2:38.40</b>   504
100m:	1:12.55 1:12.55	200m:	2:38.40 1:25.85
22.		2003	<b>2:38.96</b>   499
100m:	1:17.10 1:17.10	200m:	2:38.96 1:21.86
23.		2003 -2	<b>2:39.26</b>   496
100m:	1:13.50 1:13.50	200m:	2:39.26 1:25.76
24.		2003	<b>2:39.39</b>   495
100m:	1:11.61 1:11.61	200m:	2:39.39 1:27.78
25.		2004	<b>2:39.64</b>   493
100m:	1:16.17 1:16.17	200m:	2:39.64 1:23.47
26.		2003	<b>2:39.79</b>   491
100m:	1:17.02 1:17.02	200m:	2:39.79 1:22.77
27.		2003	<b>2:40.08</b>   489
100m:	1:14.96 1:14.96	200m:	2:40.08 1:25.12
28.		2003	<b>2:40.20</b>   487
100m:	1:16.17 1:16.17	200m:	2:40.20 1:24.03
29.		2003	<b>2:40.61</b>   484
100m:	1:15.27 1:15.27	200m:	2:40.61 1:25.34
30.		2003	<b>2:41.03</b>   480
100m:	1:14.22 1:14.22	200m:	2:41.03 1:26.81
31.		2003   - -	<b>2:41.53</b>   475
100m:	1:18.15 1:18.15	200m:	2:41.53 1:23.38
32.		2003	<b>2:41.79</b>   473
100m:	1:15.86 1:15.86	200m:	2:41.79 1:25.93
33.		2003	<b>2:41.86</b>   473
100m:	1:17.80 1:17.80	200m:	2:41.86 1:24.06
34.		2003	<b>2:42.33</b>   468
100m:	1:15.12 1:15.12	200m:	2:42.33 1:27.21
35.		2004	<b>2:43.39</b>    459
100m:	1:14.77 1:14.77	200m:	2:43.39 1:28.62
36.		2004	<b>2:44.37</b>    451
100m:	1:19.96 1:19.96	200m:	2:44.37 1:24.41
37.		2003	<b>2:44.54</b>    450
100m:	1:17.15 1:17.15	200m:	2:44.54 1:27.39
38.		2003	<b>2:44.81</b>    448
100m:	1:16.98 1:16.98	200m:	2:44.81 1:27.83
39.		2003	<b>2:46.59</b>    433
100m:	1:20.71 1:20.71	200m:	2:46.59 1:25.88





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32, , 200m , 2003 - 2004

40.				2003	I	<b>2:49.63</b>	II	411
	100m:	1:18.80	1:18.80	200m:	2:49.63	1:30.83		
41.				2003	I	<b>2:51.07</b>	II	400
	100m:	1:23.88	1:23.88	200m:	2:51.07	1:27.19		
42.				2003	I	<b>2:51.26</b>	II	399
	100m:	1:21.77	1:21.77	200m:	2:51.26	1:29.49		
43.				2004	I	<b>2:52.58</b>	II	390
	100m:	1:26.11	1:26.11	200m:	2:52.58	1:26.47		
44.				2003	I	<b>2:53.55</b>	II	383
	100m:	1:18.28	1:18.28	200m:	2:53.55	1:35.27		
45.				2004	I	<b>2:59.56</b>	II	346
	100m:	1:26.44	1:26.44	200m:	2:59.56	1:33.12		
46.				2004	I	<b>3:02.87</b>	II	328
	100m:	1:27.96	1:27.96	200m:	3:02.87	1:34.91		
DSQ				2003	I	<b>2:44.69</b>	II	
	100m:	1:17.67	1:17.67	200m:	2:44.69	1:27.02		





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122  
11.12.2016 - 12:15

, 50m

2003 - 2004

: FINA 2016

1.	2003			<b>26.91</b>	685
2.	2003			<b>27.15</b>	667
3.	2003			<b>27.27</b>	658
4.	2003		-	<b>27.43</b>	647
5.	2003			<b>27.82</b>	620
6.	2003		-6	<b>27.85</b>	618
7.	2003			<b>28.08</b>	603
DSQ	2003			<b>28.04</b>	







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, 08.12 -11.12.2016 .

123  
11.12.2016 - 12:20

, 50m

2003 - 2004

: FINA 2016

1.	2003	-	-	<b>30.50</b>	698
2. WIECZOREK Rieke	2003	Germany		<b>30.88</b>	672
3.	2003			<b>30.90</b>	671
4.	2004			<b>31.03</b>	663
5.	2004	-4		<b>31.25</b>	649
6.	2003			<b>31.48</b>	635
7.	2003			<b>31.74</b>	619
8.	2004			<b>32.01</b>	604



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, 08.12 -11.12.2016 .

33  
11.12.2016 - 12:20

, 4 x 100m

2001 - 2004

: FINA 2016

1.					<b>3:47.83</b>	564
	01	54.93			04	57.84
	03	1:01.74			01	53.32
2.					<b>3:48.89</b>	556
	03	59.35			03	1:00.17
	01	54.70			01	54.67
3.					<b>3:50.52</b>	544
	01	54.50			03	59.66
	01	54.16			04	1:02.20
4.					<b>3:50.64</b>	543
	01	54.80			03	59.86
	02	55.45			03	1:00.53
5.					<b>3:51.49</b>	537
	01	54.23			01	54.90
	03	1:01.11			03	1:01.25
6.	-1			-1	<b>3:51.90</b>	534
	01	55.56			04	1:00.85
	03	1:00.73			01	54.76
7.					<b>3:51.91</b>	534
	01	54.09			03	1:00.88
	01	55.91			03	1:01.03
8.					<b>3:52.00</b>	534
	03	1:00.58			03	1:02.37
	01	54.38			01	54.67
9.	-3			-3	<b>3:53.90</b>	521
	01	56.64			01	54.93
	03	1:02.07			03	1:00.26
10.					<b>3:54.43</b>	517
	01	55.08			03	59.49
	01	56.53			03	1:03.33
11.	-1			-1	<b>3:55.03</b>	513
	03	1:03.70			01	54.85
	04	1:02.40			02	54.08
12.	Germany			Germany	<b>3:55.21</b>	512
	STRITTER Luis Vincent	01	57.14	KLEYBOLDT Rosalie Viktoria	03	1:01.18
	HELGET Max	01	56.49	AZIROVIC Nina Sophie	03	1:00.40
13.					<b>3:56.20</b>	506
	01	55.89			03	1:03.83
	01	54.69			04	1:01.79
14.					<b>3:57.45</b>	498
	01	55.23			03	1:02.96
	03	1:03.47			01	55.79



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33,	, 4 x 100m	,	2001 - 2004		
15.				<b>3:57.63</b>	497
	01	53.27		04	1:05.56
	03	1:04.45		01	54.35
16.				<b>3:58.19</b>	493
	03	1:02.72		03	1:04.89
	01	57.58		01	53.00
17.				<b>3:58.26</b>	493
	01	55.51		01	57.27
	03	1:03.57		04	1:01.91
18.	-4		-4	<b>3:59.06</b>	488
	01	56.69		04	1:03.04
	02	56.27		03	1:03.06
19.				<b>3:59.10</b>	487
	01	59.12		03	1:01.74
	04	1:02.93		01	55.31
20.	-2		-2	<b>3:59.87</b>	483
	03	1:03.01		01	55.90
	03	1:05.97		01	54.99
21.				<b>4:00.86</b>	477
	01	55.90		03	1:04.32
	01	55.42		03	1:05.22
22.	-	-	-	<b>4:01.64</b>	472
	02	54.30		03	1:07.40
	01	55.99		03	1:03.95
23.				<b>4:02.15</b>	469
	01	56.69		03	1:05.62
	03	1:05.27		01	54.57
24.				<b>4:02.27</b>	469
	01	55.98		03	1:03.22
	02	58.01		03	1:05.06
25.	-3		-3	<b>4:02.86</b>	465
	04	1:04.10		01	57.07
	04	1:06.05		01	55.64
26.				<b>4:03.15</b>	463
	01	57.53		03	1:05.99
	03	1:05.98		01	53.65
27.				<b>4:03.66</b>	461
	04	1:04.56		01	57.00
	03	1:04.75		02	57.35
28.				<b>4:04.25</b>	457
	02	55.74		03	1:05.86
	03	1:07.39		01	55.26
29.	-2		-2	<b>4:04.43</b>	456
	02	57.68		03	1:03.86
	04	1:06.32		01	56.57



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33,	, 4 x 100m	,	2001 - 2004
30.	-6		-6
		01	57.30
		03	1:04.10
			<b>4:05.07</b>
			453
			03 1:05.33
			01 58.34
31.			<b>4:05.68</b>
			449
		01	57.48
		02	56.95
			03 1:05.42
			03 1:05.83
32.			<b>4:05.97</b>
			448
		01	54.64
		01	55.10
			03 1:09.26
			03 1:06.97
33.			<b>4:08.58</b>
			434
		01	55.93
		03	1:06.44
			03 1:09.37
			02 56.84
34.			<b>4:08.70</b>
			433
		01	56.47
		01	1:07.97
			04 1:07.45
			03 56.81
35.			<b>4:08.76</b>
			433
		04	1:05.61
		01	57.02
			03 1:07.69
			01 58.44
36.			<b>4:09.99</b>
			426
		01	59.91
		03	1:06.14
			03 1:05.85
			01 58.09
37.			<b>4:11.40</b>
			419
		01	57.90
		01	58.82
			03 1:09.23
			03 1:05.45
38.			<b>4:12.92</b>
			412
		01	58.40
		04	1:10.34
			03 1:06.54
			02 57.64
39.			<b>4:14.81</b>
			403
		01	1:00.07
		01	59.70
			03 1:08.51
			03 1:06.53
40.			<b>4:15.40</b>
			400
		01	1:00.02
		03	1:09.44
			03 1:05.12
			01 1:00.82
41.			<b>4:19.33</b>
			382
		02	59.68
		03	1:11.45
			03 1:08.78
			01 59.42
42.	-		-
		02	58.08
		04	1:15.86
			<b>4:24.39</b>
			360
			02 57.63
			03 1:12.82
DSQ			<b>4:08.15</b>
		03	1:07.07
		01	55.98
			04 1:08.84
			01 56.26

